



## Recipe Analysis

**Recipe ID:** PF011

**Description:** CHILE RELLENO CASSEROLE K-8

**Servings:** 96

**Serving Size:** 3.3 OUNCE

**Recipe Source:** Plant Forward

Nutrient	Units	Recipe Nutrient Analysis	Nutrient Value Per 100 Grams	Nutrient Value Per Serving	% of Calories	Missing Values
Adjusted Weight	g	8,323.5680	100.0000	86.7038		
Food Energy	kcal	10,552.1201	126.7740	109.9179		
Saturated Fat	g	348.8241	4.1908	3.6336	29.75	
Sodium	mg	29,265.1490	351.5938	304.8453		
Total Trans	g					*
Total Fat	g	687.6016	8.2609	7.1625	58.65	
Cholesterol	mg	2,668.3361	32.0576	27.7952		
Carbohydrate	g	540.2745	6.4909	5.6279	20.48	
Total Dietary Fiber	g	123.0640	1.4785	1.2819		
Protein	g	556.9549	6.6913	5.8016	21.11	
Vitamin A (IU)	IU	28,609.4433	343.7161	298.0150		
Vitamin C	mg	664.3706	7.9818	6.9205		
Calcium	mg	14,980.2416	179.9738	156.0442		
Iron	mg	47.8106	0.5744	0.4980		
Moisture	g	2,115.7761	25.4191	22.0393		*
Ash	g	87.2560	1.0483	0.9089		*

Trans Fat is displayed for informational purposes only.

\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**REPORT CRITERIA:**

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: