



## Recipe Analysis

**Recipe ID:** PF015

**Description:** CHILE RELLENO CASSEROLE 9-12

**Servings:** 96

**Serving Size:** 6.6 OUNCE

**Recipe Source:** Plant Forward

Nutrient	Units	Recipe Nutrient Analysis	Nutrient Value Per 100 Grams	Nutrient Value Per Serving	% of Calories	Missing Values
Adjusted Weight	g	16,647.1360	100.0000	173.4077		
Food Energy	kcal	21,104.2402	126.7740	219.8358		
Saturated Fat	g	697.6482	4.1908	7.2672	29.75	
Sodium	mg	58,530.2981	351.5938	609.6906		
Total Trans	g					*
Total Fat	g	1,375.2033	8.2609	14.3250	58.65	
Cholesterol	mg	5,336.6723	32.0576	55.5903		
Carbohydrate	g	1,080.5490	6.4909	11.2557	20.48	
Total Dietary Fiber	g	246.1279	1.4785	2.5638		
Protein	g	1,113.9098	6.6913	11.6032	21.11	
Vitamin A (IU)	IU	57,218.8866	343.7161	596.0301		
Vitamin C	mg	1,328.7411	7.9818	13.8411		
Calcium	mg	29,960.4833	179.9738	312.0884		
Iron	mg	95.6211	0.5744	0.9961		
Moisture	g	4,231.5521	25.4191	44.0787		*
Ash	g	174.5119	1.0483	1.8178		*

Trans Fat is displayed for informational purposes only.

\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**REPORT CRITERIA:**

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: