



Recipe Analysis

Recipe ID: YG001

Description: VERY BERRY YOGURT PIZZA

Servings: 100

Serving Size: 1 EACH

Recipe Source: Danone North America

Nutrient	Units	Recipe Nutrient Analysis	Nutrient Value Per 100 Grams	Nutrient Value Per Serving	% of Calories	Missing Values
Adjusted Weight	g	25,980.4720	100.0000	259.8047		
Food Energy	kcal	31,735.7441	122.1523	317.3574		
Saturated Fat	g	200.3354	0.7711	2.0034	5.68	
Sodium	mg	41,159.9265	158.4264	411.5993		
Total Trans	g					*
Total Fat	g	676.7134	2.6047	6.7671	19.19	
Cholesterol	mg	612.4896	2.3575	6.1249		
Carbohydrate	g	5,418.0716	20.8544	54.1807	68.29	
Total Dietary Fiber	g	464.6867	1.7886	4.6469		
Protein	g	1,256.7274	4.8372	12.5673	15.84	
Vitamin A (IU)	IU	7,743.2978	29.8043	77.4330		
Vitamin C	mg	2,692.7980	10.3647	26.9280		
Calcium	mg	25,198.3039	96.9894	251.9830		
Iron	mg	210.4938	0.8102	2.1049		
Moisture	g	16,243.3288	62.5213	162.4333		
Ash	g	148.9980	0.5735	1.4900		

Trans Fat is displayed for informational purposes only.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

REPORT CRITERIA:

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