



Recipe Analysis

Recipe ID: FS089

Description: KASHMIRI VEG TOFU STIRFRY PK

Servings: 100

Serving Size: 3 OUNCES

Recipe Source: Boulder Valley School District

Stock Number	Description	Broken Unit Cost	Cost Per Serving	Total Cost
3020	TOFU FIRM WESTSOY 2/6 LB	1.6200	0.1735	17.3500
1320	OIL SUNFLOWER	41.0300	0.0000	0.0000
1123	SPICE CURRY POW ORG 17 OZ BAG	0.4565	0.0018	0.1800
3533	RICE BROWN 25 LB	0.4856	0.0152	1.5200
1011	SALT KOSHER 12/3 LB	1.5370	0.0003	0.0300
TAP	WATER	0.0000	0.0000	0.0000
1013	BASE VEG NO MSG 6/1 LB	5.5283	0.0370	3.7000
1062	SPICE TURMERIC	0.3500	0.0014	0.1400
1205	HONEY 6/5 LB	12.3700	0.0755	7.5500
1046	SPICE CUMIN BULK 10 LB	2.8440	0.0009	0.0900
2568	GINGER ROOT 1 LB	5.7500	0.0190	1.9000
1044	SPICE CINNAMON GRD	0.2983	0.0016	0.1600
2577	PEPPER GREEN MED 25 LB	1.5000	0.0200	2.0000
2579	PEPPER RED 25 LB	1.2352	0.0164	1.6400
2596	SQUASH GREEN ZUCC 20 LB	0.8500	0.0113	1.1300
2528	CAULIFLOWER CS 12 CT	2.9167	0.0306	3.0600
2005	CRANBERRIES DRIED 5 LB	2.8600	0.0272	2.7200
2560	CARROT LOOSE 25 LB	0.6400	0.0085	0.8500
2570	GARLIC WHOLE PEELED 5 LB	2.2680	0.0331	3.3100
2600	CILANTRO 6 CT	1.0000	0.0064	0.6400
2538	ONION YELLOW JUMBO 50 LB	0.3586	0.0040	0.4000
1071	SAUCE THAI CHILI 4/5 LB	2.0700	0.0075	0.7500
Total Recipe Cost:			0.4912	49.1200

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