



Recipe Production

Recipe Number: MB011

Recipe Name: BEEF NACHOS ELEM

Hot: Yes

Recipe Source: Cook Book

HACCP Process Category:

Complex

Serving Description: 3 OZ

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
60	1 SERVING (3 OZ)				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
MB010	TACO MEAT	12	Pound	12 2/3	Ounce	(Unassigned)
3520	CHIP TORTILLA 6/2 LB	3	Pound	12	Ounce	(Unassigned)

Cooking Instructions

Cooking Temperature: 0 **Cooking Times:** **Hours:** 0 **Minutes:** 0

Pre-Preparation Instructions

Prepare beef nacho recipe
Pack out weight equals 3.41 oz weight per svg

Preparation Instructions

Place beef nacho meat in hotel pans, 12.79# per pan. (This weight takes into account a 12% cooking loss at satellite.) Cover tightly with parchment then foil. Label, date. Refrigerate until transport.

Serving Instructions

Preheat oven to 350 degrees F.
Heat taco meat until it reaches internal temp of 165 degrees F.
Top nachos with 2oz cheese sauce per serving
Reserve some meat without cheese for those children with dairy allergies!
Do not serve chips and cheese only! All students must take either meat or beans along with their chips and cheese!
For service, place 1 oz (approx 11) tortilla chips on tray. Using #10 disher, serve 3 oz vol (3 oz wt) taco meat next to chips.
3 oz taco meat = 2 MMA
2 oz cheese sauce = 0.5 MMA
1 oz chips = 1 G



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Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	17,792.3920	261.4990	296.5399		
Saturated Fat	g	263.8727	3.8782	4.3979	13.35	
Sodium	mg	30,132.6571	442.8668	502.2110		
Total Trans	g	33.8431	0.4974	0.5641		*
Total Fat	g	919.1456	13.5089	15.3191	46.49	
Cholesterol	mg	2,461.3878	36.1756	41.0231		
Carbohydrate	g	1,351.5738	19.8644	22.5262	30.39	
Total Dietary Fiber	g	165.9087	2.4384	2.7651		
Protein	g	833.5308	12.2506	13.8922	18.74	
Vitamin A (RE)	RE	3,755.5767	55.1966	62.5929		
Vitamin A (IU)	IU	18,777.8765	275.9829	312.9646		
Vitamin C	mg	61.6510	0.9061	1.0275		
Calcium	mg	4,239.4635	62.3084	70.6577		
Iron	mg	128.7113	1.8917	2.1452		
Moisture	g	3,024.0582	44.4453	50.4010		*
Ash	g	33.5641	0.4933	0.5594		*

Stock Number	Description	Units per		Cases	Broken Units	Broken Unit Description	Actual Used
		Case	Location				
MB010	TACO MEAT	1.00	(Unassigned)	75	0.62	3 OZ	/
3520	CHIP TORTILLA 6/2 LB	1.00	(Unassigned)	1	0.88	BAG (2 LB)	/

REPORT CRITERIA:

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