



# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

**Serving Line:** Main

**Menu:** 308 A HS LUNCH W1D1

**Date:** 08/04/2014

**Projected Feeding Figure:** 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
ZA002	PIZZA CHEESE HS 6-CUT	1	1 SLICE	12	0.7074	8.4888
ZA042	PIZZA PESTO HS 6-CUT	1	1 SLICE	71	0.6783	48.1611
ZA012	PIZZA PEPP HS 6-CUT	1	1 SLICE	30	0.7074	21.2220
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPER	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

**Per Serving/Total Menu Cost:** 4.7827 238.9826

**Cost Standard:** 0.0000

**Total Weighted Cost per Serving:** 2.0126

**Age Group:** Grades 9-12

**Serving Period:** Lunch

**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.0214		N/A		*
Total Fat	g	N/A	23.6008	28.3498	N/A		
Cholesterol	mg	N/A	45.2839		N/A		
Carbohydrate	g	N/A	99.2662	52.9960	N/A		
Total Dietary Fiber	g	N/A	12.6082		N/A		
Protein	g	N/A	39.2114	20.9341	N/A		
Vitamin A (RE)	RE	N/A	1194.7157		N/A		*
Vitamin A (IU)	IU	N/A	9851.2490		N/A		*
Vitamin C	mg	N/A	68.5212		N/A		*
Calcium	mg	N/A	841.6596		N/A		*
Iron	mg	N/A	4.3966		N/A		*
Moisture	g	N/A	577.0133		N/A		*
Ash	g	N/A	4.7351		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Age Group:** Grades 9-12

**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	749.2358	
Saturated Fat	% Cal	N/A	N/A	10.50	
Sodium	mg	N/A	N/A	1,412.5204	

! = Item out of compliance with standard

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# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

**Serving Line:** Main

**Menu:** 310 A HS LUNCH W1D2

**Date:** 08/05/2014

**Projected Feeding Figure:** 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MB402	BEEF BURGER SEC 4 OZ	1	1 SANDWICH	89	0.1601	14.2500
MV055	QUESADILLA CHEESE SEC	1	1 QUESADILLA	18	0.2070	3.7263
MP414	SANDWICH CHICKEN PARM	1	1 SVG	6	0.6256	3.7538
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI200	SIDE OVEN FRIES	1	0.5 CUP	107	0.0794	8.5005
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPER	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178
<b>Per Serving/Total Menu Cost:</b>					3.7617	191.3413
<b>Cost Standard:</b> 0.0000					<b>Total Weighted Cost per Serving:</b>	1.6120

**Age Group:** Grades 9-12

**Serving Period:** Lunch

**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.7952		N/A		*
Total Fat	g	N/A	27.2276	27.6879	N/A		
Cholesterol	mg	N/A	87.7153		N/A		
Carbohydrate	g	N/A	120.1537	54.3044	N/A		
Total Dietary Fiber	g	N/A	14.2549		N/A		
Protein	g	N/A	43.6714	19.7376	N/A		
Vitamin A (RE)	RE	N/A	1132.3385		N/A		*
Vitamin A (IU)	IU	N/A	9400.2006		N/A		*
Vitamin C	mg	N/A	68.6441		N/A		*
Calcium	mg	N/A	456.0497		N/A		*
Iron	mg	N/A	5.9766		N/A		*
Moisture	g	N/A	685.1459		N/A		*
Ash	g	N/A	6.8005		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Age Group:** Grades 9-12

**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	885.0385	
Saturated Fat	% Cal	N/A	N/A	8.46	
Sodium	mg	N/A	N/A	1,179.2424	

! = Item out of compliance with standard

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# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

**Serving Line:** Main

**Menu:** 314 A HS LUNCH W1D3

**Date:** 08/06/2014

**Projected Feeding Figure:** 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
PV083	SPAGHETTI MARINARA SEC	1	1 SERVING (8 OZ)	36	0.3548	12.7719
PM041	MEATBALLS SEC SIDE 4	1	1 SVG (4 MB)	12	0.4653	5.5831
MB102	PORK RIBS 9-12/ 3 EA	1	1 SVG	6	0.0551	0.3307
SI310	SIDE CORNBREAD	1	2 OZ	6	0.0938	0.5629
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	77	1.1216	86.3655
SI710	SIDE VEG DU JOUR	1	.5 CUP	59	0.0036	0.2126
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	0	0.5307	0.0000
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

**Per Serving/Total Menu Cost:** 3.6622 200.2356

**Cost Standard:** 0.0000

**Total Weighted Cost per Serving:** 1.6890

**Age Group:** Grades 9-12

**Serving Period:** Lunch

**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	17.0091	21.5780	N/A		
Cholesterol	mg	N/A	75.4720		N/A		
Carbohydrate	g	N/A	110.1976	62.1325	N/A		
Total Dietary Fiber	g	N/A	15.2894		N/A		
Protein	g	N/A	34.8103	19.6270	N/A		
Vitamin A (RE)	RE	N/A	1365.9872		N/A		*
Vitamin A (IU)	IU	N/A	12856.5354		N/A		*
Vitamin C	mg	N/A	95.3930		N/A		*
Calcium	mg	N/A	580.3762		N/A		*
Iron	mg	N/A	4.6134		N/A		*
Moisture	g	N/A	654.7304		N/A		*
Ash	g	N/A	7.1611		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Age Group:** Grades 9-12

**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	709.4365	
Saturated Fat	% Cal	N/A	N/A	7.03	
Sodium	mg	N/A	N/A	1,745.5046	

! = Item out of compliance with standard

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# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

**Serving Line:** Main

**Menu:** 316 A HS LUNCH W1D4

**Date:** 08/07/2014

**Projected Feeding Figure:** 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MV025	SWEET N SOUR TOFU SEC	1	4 OZ	42	0.0084	0.3533
		2	.5 CUP	42	0.0851	3.5748
PV081	LASAGNA CHEESE SEC	1	9.45 OZ	36	0.1969	7.0880
MB115	SANDWICH BRATWURST	1	1 EACH	6	0.7093	4.2560
SI661	SIDE SAUERKRAUT	1	1/2 CUP	6	0.1782	1.0691
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	36	1.1216	40.3787
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

**Per Serving/Total Menu Cost:** 3.8675 211.1008

**Cost Standard:** 0.0000

**Total Weighted Cost per Serving:** 1.7746

**Age Group:** Grades 9-12

**Serving Period:** Lunch

**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	20.5532	25.0292	N/A		
Cholesterol	mg	N/A	66.2141		N/A		
Carbohydrate	g	N/A	109.7372	59.3936	N/A		
Total Dietary Fiber	g	N/A	15.3186		N/A		
Protein	g	N/A	34.3733	18.6040	N/A		
Vitamin A (RE)	RE	N/A	1510.2870		N/A		*
Vitamin A (IU)	IU	N/A	13549.8747		N/A		*
Vitamin C	mg	N/A	90.4894		N/A		*
Calcium	mg	N/A	666.2915		N/A		*
Iron	mg	N/A	5.7944		N/A		*
Moisture	g	N/A	724.8625		N/A		*
Ash	g	N/A	7.1068		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Age Group:** Grades 9-12

**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	739.0510	
Saturated Fat	% Cal	N/A	N/A	7.72	
Sodium	mg	N/A	N/A	1,259.2057	

! = Item out of compliance with standard

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# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

**Serving Line:** Main

**Menu:** 318 A HS LUNCH W1D5

**Date:** 08/08/2014

**Projected Feeding Figure:** 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP007	QUESADILLA CHICKEN SEC	1	1 QUESA	54	0.1784	9.6352
		1	1 QUESADILLA	18	0.2593	4.6677
ZA022	PIZZA CHEESE #2 HS 6-CUT	1	1 SLICE	42	0.7074	29.7108
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI504	SIDE BEANS REFRIED PINTO	1	.25 CUP	71	0.0005	0.0385
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT P APR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

**Per Serving/Total Menu Cost:** 3.8352 205.1629

**Cost Standard:** 0.0000

**Total Weighted Cost per Serving:** 1.7251

**Age Group:** Grades 9-12

**Serving Period:** Lunch

**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	20.1639	25.0272	N/A		
Cholesterol	mg	N/A	59.4908		N/A		
Carbohydrate	g	N/A	104.3018	57.5370	N/A		
Total Dietary Fiber	g	N/A	13.0182		N/A		
Protein	g	N/A	38.5784	21.2814	N/A		
Vitamin A (RE)	RE	N/A	1172.0974		N/A		*
Vitamin A (IU)	IU	N/A	9566.3623		N/A		*
Vitamin C	mg	N/A	66.0626		N/A		*
Calcium	mg	N/A	696.6840		N/A		*
Iron	mg	N/A	4.7053		N/A		*
Moisture	g	N/A	569.5092		N/A		*
Ash	g	N/A	5.7738		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Age Group:** Grades 9-12

**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	725.1116	
Saturated Fat	% Cal	N/A	N/A	8.76	
Sodium	mg	N/A	N/A	1,411.5393	

! = Item out of compliance with standard

\* Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



**CHEF ANN FOUNDATION**

**Scheduled Menu Analysis**

**Average Cost Analysis For Menus for Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

**Average Cost Per Serving:** 0.4328

**Average Weighted Cost Per Serving:** 0.1916

**Average Nutrient Analysis For Menus for Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		0.1633		N/A		*
Total Fat	g		21.7109	25.6571	N/A		
Cholesterol	mg		66.8352		N/A		
Carbohydrate	g		108.7313	57.1087	N/A		
Total Dietary Fiber	g		14.0979		N/A		
Protein	g		38.1290	20.0264	N/A		
Vitamin A (RE)	RE		1,275.0852		N/A		*
Vitamin A (IU)	IU		11,044.8444		N/A		*
Vitamin C	mg		77.8221		N/A		*
Calcium	mg		648.2122		N/A		*
Iron	mg		5.0973		N/A		*
Moisture	g		642.2523		N/A		*
Ash	g		6.3155		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Weekly Meal Pattern Analysis For Menus for Site:** 440 ARAPAHOE RIDGE HIGH SCHOOL

**Serving Period:** Lunch

**Week Of:** 8/4/2014 to 8/8/2014

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	761.5747	
Saturated Fat	% Cal	N/A	< 10	8.51	
Sodium	mg	N/A	N/A	1401.6025	

! = Item out of compliance with standard

\* Meal Pattern/Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.