



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 2002 FS 9-12 LUNCH W3D1
 Serving Period: Lunch
 Serving Line: Main
Date: 03/19/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80143	CHEESE CALZONE FS011	1	1 EACH	95	0.3671	34.8781
80240	TOMATO CUCUMBER SALAD FS058	1	1/2 CUP	95	0.1786	16.9676
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	23	1.0877	25.0164
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	118	0.2925	34.5171
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680

Per Serving/Total Menu Cost: 2.9611 183.1386

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.5491

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	25.8207	32.8133	N/A		
Cholesterol	mg	N/A	53.1794		N/A		
Carbohydrate	g	N/A	89.8458	50.7455	N/A		
Total Dietary Fiber	g	N/A	13.3581		N/A		
Protein	g	N/A	32.6557	18.4441	N/A		
Vitamin A (IU)	IU	N/A	10880.9307		N/A		*
Vitamin C	mg	N/A	76.1961		N/A		*
Calcium	mg	N/A	685.0241		N/A		*
Iron	mg	N/A	2.5909		N/A		*
Moisture	g	N/A	590.1703		N/A		*
Ash	g	N/A	4.8626		N/A		*

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	708.2074	
Saturated Fat	% Cal	N/A	N/A	11.39	
Sodium	mg	N/A	N/A	1,214.5909	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 2003 FS 9-12 LUNCH W3D2
 Serving Period: Lunch
 Serving Line: Main
Date: 03/20/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80139	BUFFALO CHICKEN SLIDERS FS009	1	2 SLIDERS	83	0.0465	3.8598
80196	CHOWDER, POTATO, CORN, CAULI FS040	1	1/2 CUP	30	0.0245	0.7354
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	118	0.2925	34.5171
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

Per Serving/Total Menu Cost: 2.4864 148.9401

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.2600

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	19.0085	24.1677	N/A		
Cholesterol	mg	N/A	130.8068		N/A		
Carbohydrate	g	N/A	99.1975	56.0538	N/A		
Total Dietary Fiber	g	N/A	14.3001		N/A		
Protein	g	N/A	37.7976	21.3584	N/A		
Vitamin A (IU)	IU	N/A	11802.6833		N/A		*
Vitamin C	mg	N/A	83.7975		N/A		*
Calcium	mg	N/A	376.2504		N/A		*
Iron	mg	N/A	3.6742		N/A		*
Moisture	g	N/A	602.3539		N/A		*
Ash	g	N/A	5.9729		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	707.8730	
Saturated Fat	% Cal	N/A	N/A	5.00	
Sodium	mg	N/A	N/A	1,681.4730	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: **Serving Period:** Lunch **Serving Line:** Main

Menu: 2004 FS 9-12 LUNCH W3D3 **Date:** 03/21/2018 **Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80133	BEEF BURRITO BOWL FS005	1	4 OZ	95	0.2083	19.7852
80172	GUACAMOLE GREEN PEA FS027	1	1/2 CUP	83	0.1124	9.3281
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	23	1.0877	25.0164
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	95	0.5384	51.1457
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	118	0.2925	34.5171
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

Per Serving/Total Menu Cost: 2.7361 163.6365

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.3847

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	21.3512	24.0580	N/A		
Cholesterol	mg	N/A	86.5723		N/A		
Carbohydrate	g	N/A	107.9223	54.0464	N/A		
Total Dietary Fiber	g	N/A	15.1588		N/A		
Protein	g	N/A	46.6671	23.3704	N/A		
Vitamin A (IU)	IU	N/A	11964.2122		N/A		*
Vitamin C	mg	N/A	97.6027		N/A		*
Calcium	mg	N/A	389.6862		N/A		*
Iron	mg	N/A	6.8841		N/A		*
Moisture	g	N/A	759.4022		N/A		*
Ash	g	N/A	7.6068		N/A		*

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Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	798.7383	
Saturated Fat	% Cal	N/A	N/A	5.30	
Sodium	mg	N/A	N/A	1,085.8312	

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Scheduled Menu Analysis

Site: 2005 FS 9-12 LUNCH W3D4
 Serving Period: Lunch
 Serving Line: Main
Date: 03/22/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80281	SESAME NOODLES CHICKEN 9-12 FS071	1	2 CUP	101	0.0051	0.5151
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	17	1.0877	18.4904
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	118	0.2925	34.5171
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
Per Serving/Total Menu Cost:					2.4205	125.2820
Cost Standard:	0.0000	Total Weighted Cost per Serving:			1.0625	

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	23.7134	27.2459	N/A		
Cholesterol	mg	N/A	174.2891		N/A		
Carbohydrate	g	N/A	101.0616	51.6073	N/A		
Total Dietary Fiber	g	N/A	13.4302		N/A		
Protein	g	N/A	43.5915	22.2601	N/A		
Vitamin A (IU)	IU	N/A	10948.4039		N/A		*
Vitamin C	mg	N/A	71.0947		N/A		*
Calcium	mg	N/A	359.0343		N/A		*
Iron	mg	N/A	5.2825		N/A		*
Moisture	g	N/A	535.9681		N/A		*
Ash	g	N/A	4.9712		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	783.3121	
Saturated Fat	% Cal	N/A	N/A	5.09	
Sodium	mg	N/A	N/A	1,375.9899	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 2006 FS 9-12 LUNCH W3D5
 Serving Period: Lunch
 Serving Line: Main
Date: 03/23/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80138	BLACK BEAN EMPANADA FS008	1	1 each	77	0.0947	7.2889
80202	RUBY RICE & BUTTERNUT SALAD FS044	1	1/2 CUP	77	0.0077	0.5930
80187	PEPPER SLAW FS038	1	1/2 CUP	65	0.0896	5.8260
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	36	1.0877	39.1560
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	118	0.2925	34.5171
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
Per Serving/Total Menu Cost:					2.6074	159.1404
Cost Standard: 0.0000	Total Weighted Cost per Serving:				1.3371	

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	23.3956	27.8769	N/A		
Cholesterol	mg	N/A	50.5316		N/A		
Carbohydrate	g	N/A	110.3278	58.4270	N/A		
Total Dietary Fiber	g	N/A	16.2573		N/A		
Protein	g	N/A	30.8409	16.3326	N/A		
Vitamin A (IU)	IU	N/A	12838.2956		N/A		*
Vitamin C	mg	N/A	98.3322		N/A		*
Calcium	mg	N/A	504.9382		N/A		*
Iron	mg	N/A	3.7878		N/A		*
Moisture	g	N/A	691.7927		N/A		*
Ash	g	N/A	7.0153		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	755.3208	
Saturated Fat	% Cal	N/A	N/A	6.97	
Sodium	mg	N/A	N/A	1,334.8314	

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* Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



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Scheduled Menu Analysis

Average Cost Analysis For Menus for Site:

Serving Period: Lunch

Average Cost Per Serving: 0.3775

Average Weighted Cost Per Serving: 0.1884

Average Nutrient Analysis For Menus for Site:

Serving Period: Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		N/A		N/A		*
Total Fat	g		22.6579	27.1645	N/A		
Cholesterol	mg		99.0758		N/A		
Carbohydrate	g		101.6710	54.1747	N/A		
Total Dietary Fiber	g		14.5009		N/A		
Protein	g		38.3106	20.4135	N/A		
Vitamin A (IU)	IU		11,686.9051		N/A		*
Vitamin C	mg		85.4046		N/A		*
Calcium	mg		462.9866		N/A		*
Iron	mg		4.4439		N/A		*
Moisture	g		635.9374		N/A		*
Ash	g		6.0858		N/A		*

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Weekly Meal Pattern Analysis For Menus for Site:

Serving Period: Lunch

Week Of: 3/19/2018 to 3/23/2018

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	750.6903	
Saturated Fat	% Cal	N/A	< 10	6.68	
Sodium	mg	N/A	1420	1338.5433	

! = Item out of compliance with standard

Food Energy, Saturated Fat, and Sodium are weekly nutrient standards.

* Meal Pattern/Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.