



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: **Serving Period:** Lunch **Serving Line:** Main

Menu: 2007 FS 9-12 LUNCH W4D1 **Date:** 03/26/2018 **Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80173	HAM AND CHEESE CROISSANT FS028	1	1 EACH	83	0.5236	43.4588
80245	WILD RICE ORANGE SALAD FS062	1	1/2 CUP	59	0.0980	5.7838
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	118	0.2925	34.5171
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

Per Serving/Total Menu Cost: 3.0370 193.5875

Cost Standard: 0.0000 **Total Weighted Cost per Serving:** 1.6368

Age Group: Grades 9-12 **Serving Period:** Lunch **Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.0071		N/A		*
Total Fat	g	N/A	25.9985	30.3927	N/A		
Cholesterol	mg	N/A	75.7560		N/A		
Carbohydrate	g	N/A	102.8560	53.4402	N/A		
Total Dietary Fiber	g	N/A	13.2477		N/A		
Protein	g	N/A	36.1574	18.7861	N/A		
Vitamin A (IU)	IU	N/A	11884.4744		N/A		*
Vitamin C	mg	N/A	84.5529		N/A		*
Calcium	mg	N/A	457.4124		N/A		*
Iron	mg	N/A	3.2737		N/A		*
Moisture	g	N/A	632.0508		N/A		*
Ash	g	N/A	7.3620		N/A		*

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12 **Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	769.8775	
Saturated Fat	% Cal	N/A	N/A	9.85	
Sodium	mg	N/A	N/A	1,597.7533	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: **Serving Period:** Lunch **Serving Line:** Main

Menu: 2008 FS 9-12 LUNCH W4D2 **Date:** 03/27/2018 **Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80147	CHICKEN PICCATA FS014	1	3 ounces	83	0.0419	3.4805
80267	PASTA FOR PICCATA 2 OZ FS065	1	1 CUP	83	0.0000	0.0000
80180	LEMON GARLIC SPINACH FS033	1	1/2 CUP	59	0.0110	0.6468
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

Per Serving/Total Menu Cost: 2.4683 141.7443

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.1977

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	27.1997	30.5805	N/A		
Cholesterol	mg	N/A	102.1921		N/A		
Carbohydrate	g	N/A	106.6704	53.3018	N/A		
Total Dietary Fiber	g	N/A	16.2265		N/A		
Protein	g	N/A	40.8583	20.4164	N/A		
Vitamin A (IU)	IU	N/A	15833.0013		N/A		*
Vitamin C	mg	N/A	89.3396		N/A		*
Calcium	mg	N/A	411.5602		N/A		*
Iron	mg	N/A	6.8884		N/A		*
Moisture	g	N/A	684.6251		N/A		*
Ash	g	N/A	7.2000		N/A		*

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Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	800.5011	
Saturated Fat	% Cal	N/A	N/A	6.08	
Sodium	mg	N/A	N/A	1,209.3611	

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Scheduled Menu Analysis

Site: 2009 FS 9-12 LUNCH W4D3 **Serving Period:** Lunch **Serving Line:** Main
Date: 03/28/2018 **Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80177	KASHMIRI VEG TOFU STIRFRY 9-12 FS031	1	12 OUNCES	83	0.3020	25.0672
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	107	0.2925	31.2994
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
Per Serving/Total Menu Cost:					2.7174	166.1944
Cost Standard:	0.0000	Total Weighted Cost per Serving:			1.4035	

Age Group: Grades 9-12 **Serving Period:** Lunch **Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	17.4607	21.1434	N/A		
Cholesterol	mg	N/A	36.7216		N/A		
Carbohydrate	g	N/A	124.2406	66.8643	N/A		
Total Dietary Fiber	g	N/A	15.0323		N/A		
Protein	g	N/A	29.4924	15.8723	N/A		
Vitamin A (IU)	IU	N/A	13289.3624		N/A		*
Vitamin C	mg	N/A	94.4222		N/A		*
Calcium	mg	N/A	573.0068		N/A		*
Iron	mg	N/A	5.2025		N/A		*
Moisture	g	N/A	715.6525		N/A		*
Ash	g	N/A	7.0997		N/A		*

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Age Group: Grades 9-12 **Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	743.2406	
Saturated Fat	% Cal	N/A	N/A	4.03	
Sodium	mg	N/A	N/A	1,139.0062	

! = Item out of compliance with standard

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Scheduled Menu Analysis

Site: 2010 FS 9-12 LUNCH W4D4
 Serving Period: Lunch
 Serving Line: Main
Date: 03/29/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80251	PORK GREEN CHILI FS039	1	6 OUNCES	83	0.4855	40.2925
80216	SIDE BLACK PEARL RICE 1 CUP FS049	1	1 CUP	83	0.0000	0.0000
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	107	0.2925	31.2994
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

Per Serving/Total Menu Cost: 2.9009 181.4197

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.5319

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	19.6915	24.6090	N/A		
Cholesterol	mg	N/A	68.4127		N/A		
Carbohydrate	g	N/A	105.5439	58.6227	N/A		
Total Dietary Fiber	g	N/A	18.0641		N/A		
Protein	g	N/A	33.9431	18.8532	N/A		
Vitamin A (IU)	IU	N/A	11685.9042		N/A		*
Vitamin C	mg	N/A	82.3412		N/A		*
Calcium	mg	N/A	370.3916		N/A		*
Iron	mg	N/A	4.8326		N/A		*
Moisture	g	N/A	672.1360		N/A		*
Ash	g	N/A	5.7488		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	720.1573	
Saturated Fat	% Cal	N/A	N/A	6.15	
Sodium	mg	N/A	N/A	1,068.2857	

! = Item out of compliance with standard

* Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 2011 FS 9-12 LUNCH W4D5
 Serving Period: Lunch
 Serving Line: Main
Date: 03/30/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80183	MACARONI AND CHEESE 9-12 FS035	1	1 CUP	83	0.1718	14.2609
80504	SOUP YAM POBLANO SO055	1	1/2 CUP	48	0.0495	2.3783
80408	SIDE BREAD STICK SI302	1	1 BREADSTICK	83	0.0000	0.0000
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
Per Serving/Total Menu Cost:					2.6367	154.2562
Cost Standard: 0.0000	Total Weighted Cost per Serving:				1.3029	

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	23.0913	26.9623	N/A		
Cholesterol	mg	N/A	62.8570		N/A		
Carbohydrate	g	N/A	108.6262	56.3717	N/A		
Total Dietary Fiber	g	N/A	14.6300		N/A		
Protein	g	N/A	37.3741	19.3953	N/A		
Vitamin A (IU)	IU	N/A	13321.8338		N/A		*
Vitamin C	mg	N/A	74.6952		N/A		*
Calcium	mg	N/A	643.9379		N/A		*
Iron	mg	N/A	256.1227		N/A		*
Moisture	g	N/A	999.8005		N/A		*
Ash	g	N/A	8.6119		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	770.7853	
Saturated Fat	% Cal	N/A	N/A	9.36	
Sodium	mg	N/A	N/A	1,518.6073	

! = Item out of compliance with standard

* Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Average Cost Analysis For Menus for Site:

Serving Period: Lunch

Average Cost Per Serving: 0.3822

Average Weighted Cost Per Serving: 0.1965

Average Nutrient Analysis For Menus for Site:

Serving Period: Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		0.0014		N/A		*
Total Fat	g		22.6883	26.8355	N/A		
Cholesterol	mg		69.1879		N/A		
Carbohydrate	g		109.5874	57.6084	N/A		
Total Dietary Fiber	g		15.4401		N/A		
Protein	g		35.5651	18.6960	N/A		
Vitamin A (IU)	IU		13,202.9152		N/A		*
Vitamin C	mg		85.0702		N/A		*
Calcium	mg		491.2618		N/A		*
Iron	mg		55.2640		N/A		*
Moisture	g		740.8530		N/A		*
Ash	g		7.2045		N/A		*

! = Item out of compliance with standard

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Weekly Meal Pattern Analysis For Menus for Site:

Serving Period: Lunch

Week Of: 3/26/2018 to 3/30/2018

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	760.9124	
Saturated Fat	% Cal	N/A	< 10	7.12	
Sodium	mg	N/A	1420	1306.6027	

! = Item out of compliance with standard

Food Energy, Saturated Fat, and Sodium are weekly nutrient standards.

* Meal Pattern/Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.