

Scheduled Menu Analysis

Site: Serving Period: Lunch Serving Line: Main

Menu: 1971 FS K5 LUNCH W5D1 Date: 04/02/2018 Projected Feeding Figure: 158

| | | Serving | | Projected | Cost Per | Total |
|----------------|---|---------|------------|-----------|----------|---------|
| Nutrition Link | Description | Size | Measure | Quantity | Serving | Cost |
| 80242 | VEGETABLE ALFREDO PASTA PK-8 FS060 | 1 | 8 OUNCES | 95 | 0.0011 | 0.1030 |
| 80153 | CURRIED CHICKPEAS PK-8 FS018 | 1 | 4 OUNCES | 64 | 0.1085 | 6.9412 |
| 80230 | SALAD BAR MEAL W/ 2 OZ ROLL SA305 | 1 | 1 MEAL | 48 | 0.8633 | 41.4379 |
| 80472 | SALAD BAR SIDE K-5 SA690 | 1 | 1 SIDE SVG | 95 | 0.2393 | 22.7289 |
| 80477 | FRUIT SIDE K5 SI401 | 1 | 1/2 Cup | 158 | 0.1862 | 29.4219 |
| 1085 | MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S | 1 | Cup | 64 | 0.2370 | 15.1680 |
| 900119 | MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A | 1 | Cup | 64 | 0.2598 | 16.6240 |

Per Serving/Total Menu Cost: 1.8952 132.4249

Cost Standard: 0.0000 Total Weighted Cost per Serving: 0.8316

Age Group: Grades K-5 Serving Period: Lunch Nutrient Table: USDA Meal Patterns

| | | Lunch | Nutrient | % of | % Nutrient | Difference | Missing |
|---------------------|-------|----------|-----------|----------|------------|------------|---------|
| Nutrient | Units | Standard | Values | Calories | Standard | from Std. | Values |
| Total Trans | g | N/A | N/A | | N/A | | * |
| Total Fat | g | N/A | 19.3279 | 28.8701 | N/A | | |
| Cholesterol | mg | N/A | 58.4377 | | N/A | | |
| Carbohydrate | g | N/A | 82.8631 | 55.0100 | N/A | | |
| Total Dietary Fiber | g | N/A | 11.6863 | | N/A | | |
| Protein | g | N/A | 28.5973 | 18.9848 | N/A | | |
| Vitamin A (IU) | IU | N/A | 8748.5681 | | N/A | | * |
| Vitamin C | mg | N/A | 73.6740 | | N/A | | * |
| Calcium | mg | N/A | 588.4737 | | N/A | | * |
| Iron | mg | N/A | 3.5000 | | N/A | | * |
| Moisture | g | N/A | 547.0170 | | N/A | | * |
| Ash | q | N/A | 6.6233 | | N/A | | * |

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades K-5 Serving Period: Lunch

| | | Lunch | Lunch | | Missing | |
|-----------------------|-------|---------|---------|------------|---------|--|
| Meal Pattern Nutrient | Units | Minimum | Maximum | Value | Values | |
| Food Energy | kcals | N/A | N/A | 602.5309 | | |
| Saturated Fat | % Cal | N/A | N/A | 10.79 | | |
| Sodium | mg | N/A | N/A | 1,105.9821 | | |

^{*} Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



Scheduled Menu Analysis

Site: Serving Period: Lunch Serving Line: Main

Menu: 1974 FS K5 LUNCH W5D2 Date: 04/03/2018 Projected Feeding Figure: 158

| | | Serving | | Projected | Cost Per | Total |
|----------------|---|---------|------------|-----------|----------|---------|
| Nutrition Link | Description | Size | Measure | Quantity | Serving | Cost |
| 80241 | TUNA WITH LEMON AND DILL FS059 | 1 | 4 OUNCES | 111 | 0.1848 | 20.5149 |
| 80230 | SALAD BAR MEAL W/ 2 OZ ROLL SA305 | 1 | 1 MEAL | 47 | 0.8633 | 40.5746 |
| 80472 | SALAD BAR SIDE K-5 SA690 | 1 | 1 SIDE SVG | 95 | 0.2393 | 22.7289 |
| 80477 | FRUIT SIDE K5 SI401 | 1 | 1/2 Cup | 158 | 0.1862 | 29.4219 |
| 1085 | MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S | 1 | Cup | 64 | 0.2370 | 15.1680 |
| 900119 | MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A | 1 | Cup | 64 | 0.2598 | 16.6240 |

Per Serving/Total Menu Cost: 1.9704 145.0323

Cost Standard: 0.0000 Total Weighted Cost per Serving: 0.9169

Age Group: Grades K-5 Serving Period: Lunch Nutrient Table: USDA Meal Patterns

| Nutrient | Units | Lunch Standard | Nutrient Values | % of Calories | % Nutrient Standard | Difference from Std. | Missing Values |
|---------------------|-------|-------------------|--------------------|------------------|------------------------|----------------------|-------------------|
| Total Trans | g | N/A | N/A | | N/A | | * |
| Total Fat | g | N/A | 16.4260 | 23.1994 | N/A | | |
| Cholesterol | mg | N/A | 50.8615 | | N/A | | |
| Carbohydrate | g | N/A | 91.1894 | 57.2409 | N/A | | |
| Total Dietary Fiber | g | N/A | 12.1362 | | N/A | | |
| Protein | g | N/A | 32.9039 | 20.6542 | N/A | | |
| Vitamin A (IU) | IU | N/A | 8531.9288 | | N/A | | * |
| Vitamin C | mg | N/A | 58.5290 | | N/A | | * |
| Calcium | mg | N/A | 337.7650 | | N/A | | * |
| Iron | mg | N/A | 4.0270 | | N/A | | * |
| Moisture | g | N/A | 470.4226 | | N/A | | * |
| Ash | a | N/A | 4.2671 | | N/A | | * |

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades K-5 Serving Period: Lunch

| | | Lunch | Lunch | | Missing |
|-----------------------|-------|---------|---------|------------|---------|
| Meal Pattern Nutrient | Units | Minimum | Maximum | Value | Values |
| Food Energy | kcals | N/A | N/A | 637.2328 | |
| Saturated Fat | % Cal | N/A | N/A | 3.90 | |
| Sodium | mg | N/A | N/A | 1,063.2353 | |

^{*} Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



Scheduled Menu Analysis

Site: Serving Period: Lunch Serving Line: Main

Menu: 1976 FS K5 LUNCH W5D3 Date: 04/04/2018 Projected Feeding Figure: 158

| | | Serving | | Projected | Cost Per | Total |
|----------------|---|---------|------------|-----------|----------|---------|
| Nutrition Link | Description | Size | Measure | Quantity | Serving | Cost |
| 80236 | SWEET AND SOUR CHICKEN FS055 | 1 | 6 OUNCES | 111 | 0.0929 | 10.3079 |
| 80314 | ROASTED SUMMER SQUASH SI648 | 1 | 0.5 CUP | 79 | 0.0008 | 0.0642 |
| 80230 | SALAD BAR MEAL W/ 2 OZ ROLL SA305 | 1 | 1 MEAL | 47 | 0.8633 | 40.5746 |
| 80472 | SALAD BAR SIDE K-5 SA690 | 1 | 1 SIDE SVG | 95 | 0.2393 | 22.7289 |
| 80477 | FRUIT SIDE K5 SI401 | 1 | 1/2 Cup | 95 | 0.1862 | 17.6904 |
| 1085 | MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S | 1 | Cup | 64 | 0.2370 | 15.1680 |
| 900119 | MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A | 1 | Cup | 64 | 0.2598 | 16.6240 |

Per Serving/Total Menu Cost: 1.8793 123.1580

Cost Standard: 0.0000 **Total Weighted Cost per Serving:** 0.7784

Age Group: Grades K-5 Serving Period: Lunch Nutrient Table: USDA Meal Patterns

| | | Lunch | Nutrient | % of | % Nutrient | Difference | Missing |
|---------------------|-------|----------|------------|----------|------------|------------|---------|
| Nutrient | Units | Standard | Values | Calories | Standard | from Std. | Values |
| Total Trans | g | N/A | N/A | | N/A | | * |
| Total Fat | g | N/A | 16.2585 | 22.2589 | N/A | | |
| Cholesterol | mg | N/A | 130.8263 | | N/A | | |
| Carbohydrate | g | N/A | 93.6191 | 56.9647 | N/A | | |
| Total Dietary Fiber | g | N/A | 10.0017 | | N/A | | |
| Protein | g | N/A | 34.0379 | 20.7111 | N/A | | |
| Vitamin A (IU) | IU | N/A | 10555.6207 | | N/A | | * |
| Vitamin C | mg | N/A | 79.0454 | | N/A | | * |
| Calcium | mg | N/A | 361.3667 | | N/A | | * |
| Iron | mg | N/A | 3.9766 | | N/A | | * |
| Moisture | g | N/A | 480.3173 | | N/A | | * |
| Ash | q | N/A | 4.9083 | | N/A | | * |

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades K-5 Serving Period: Lunch

| | | Lunch | Lunch | | Missing | |
|-----------------------|-------|---------|---------|------------|---------|--|
| Meal Pattern Nutrient | Units | Minimum | Maximum | Value | Values | |
| Food Energy | kcals | N/A | N/A | 657.3832 | | |
| Saturated Fat | % Cal | N/A | N/A | 4.46 | | |
| Sodium | mg | N/A | N/A | 1,106.1111 | | |

^{*} Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



Scheduled Menu Analysis

Site: Serving Period: Lunch Serving Line: Main

Menu: 1978 FS K5 LUNCH W5D4 Date: 04/05/2018 Projected Feeding Figure: 158

| | | Serving | | Projected | Cost Per | Total |
|----------------|---|---------|------------|-----------|----------|---------|
| Nutrition Link | Description | Size | Measure | Quantity | Serving | Cost |
| 80197 | PORK GREEN CHILI BURRITO FS041 | 1 | 1 EACH | 111 | 0.2135 | 23.7004 |
| 80135 | BLACK BEAN AND CORN SALAD FS007 | 1 | 1/2 CUP | 79 | 0.1564 | 12.3568 |
| 80230 | SALAD BAR MEAL W/ 2 OZ ROLL SA305 | 1 | 1 MEAL | 47 | 0.8633 | 40.5746 |
| 80472 | SALAD BAR SIDE K-5 SA690 | 1 | 1 SIDE SVG | 95 | 0.2393 | 22.7289 |
| 80477 | FRUIT SIDE K5 SI401 | 1 | 1/2 Cup | 158 | 0.1862 | 29.4219 |
| 1085 | MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S | 1 | Cup | 64 | 0.2370 | 15.1680 |
| 900119 | MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A | 1 | Cup | 64 | 0.2598 | 16.6240 |

Per Serving/Total Menu Cost: 2.1555 160.5746

Cost Standard: 0.0000 **Total Weighted Cost per Serving:** 1.0152

Age Group: Grades K-5 Serving Period: Lunch Nutrient Table: USDA Meal Patterns

| Nutrient | Units | Lunch Standard | Nutrient Values | % of Calories | % Nutrient Standard | Difference from Std. | Missing Values |
|---------------------|-------|-------------------|--------------------|------------------|------------------------|-------------------------|-------------------|
| | | | | Calories | | nom sta. | values |
| Total Trans | g | N/A | 0.0045 | | N/A | | * |
| Total Fat | g | N/A | 14.4186 | 20.6679 | N/A | | |
| Cholesterol | mg | N/A | 45.3303 | | N/A | | |
| Carbohydrate | g | N/A | 101.4319 | 64.6199 | N/A | | |
| Total Dietary Fiber | g | N/A | 12.1389 | | N/A | | |
| Protein | g | N/A | 29.0883 | 18.5315 | N/A | | |
| Vitamin A (IU) | IU | N/A | 8697.7906 | | N/A | | * |
| Vitamin C | mg | N/A | 81.3011 | | N/A | | * |
| Calcium | mg | N/A | 463.2963 | | N/A | | * |
| Iron | mg | N/A | 4.7662 | | N/A | | * |
| Moisture | g | N/A | 524.2191 | | N/A | | * |
| Ash | g | N/A | 5.4974 | | N/A | | * |

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades K-5 Serving Period: Lunch

| | | Lunch | Lunch | | Missing | |
|-----------------------|-------|---------|---------|------------|---------|--|
| Meal Pattern Nutrient | Units | Minimum | Maximum | Value | Values | |
| Food Energy | kcals | N/A | N/A | 627.8678 | | |
| Saturated Fat | % Cal | N/A | N/A | 4.10 | | |
| Sodium | mg | N/A | N/A | 1,172.7229 | | |

^{*} Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



Scheduled Menu Analysis

Site: Serving Period: Lunch Serving Line: Main

Menu: 1980 FS K5 LUNCH W5D5 Date: 04/06/2018 Projected Feeding Figure: 158

| | | Serving | | Projected | Cost Per | Total |
|----------------|---|---------|------------|-----------|----------|---------|
| Nutrition Link | Description | Size | Measure | Quantity | Serving | Cost |
| 80132 | BEEF AND BROCCOLI K-8 FS004 | 1 | 1 CUP | 111 | 0.0416 | 4.6204 |
| 80031 | SIDE BROWN RICE 1/2 CUP SI299 | 1 | 1/2 CUP | 111 | 0.0487 | 5.4065 |
| 80230 | SALAD BAR MEAL W/ 2 OZ ROLL SA305 | 1 | 1 MEAL | 47 | 0.8633 | 40.5746 |
| 80472 | SALAD BAR SIDE K-5 SA690 | 1 | 1 SIDE SVG | 95 | 0.2393 | 22.7289 |
| 80477 | FRUIT SIDE K5 SI401 | 1 | 1/2 Cup | 158 | 0.1862 | 29.4219 |
| 1085 | MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S | 1 | Cup | 64 | 0.2370 | 15.1680 |
| 900119 | MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A | 1 | Cup | 64 | 0.2598 | 16.6240 |

Per Serving/Total Menu Cost: 1.8759 134.5443

Cost Standard: 0.0000 **Total Weighted Cost per Serving:** 0.8507

Age Group: Grades K-5 Serving Period: Lunch Nutrient Table: USDA Meal Patterns

| | | Lunch | Nutrient | % of | % Nutrient | Difference | Missing |
|---------------------|-------|----------|-----------|----------|------------|------------|---------|
| Nutrient | Units | Standard | Values | Calories | Standard | from Std. | Values |
| Total Trans | g | N/A | N/A | | N/A | | * |
| Total Fat | g | N/A | 16.9584 | 23.3116 | N/A | | |
| Cholesterol | mg | N/A | 53.5950 | | N/A | | |
| Carbohydrate | g | N/A | 98.6116 | 60.2466 | N/A | | |
| Total Dietary Fiber | g | N/A | 10.5318 | | N/A | | |
| Protein | g | N/A | 28.3729 | 17.3344 | N/A | | |
| Vitamin A (IU) | IU | N/A | 8442.1014 | | N/A | | * |
| Vitamin C | mg | N/A | 88.5532 | | N/A | | * |
| Calcium | mg | N/A | 362.4034 | | N/A | | * |
| Iron | mg | N/A | 3.8707 | | N/A | | * |
| Moisture | g | N/A | 560.7917 | | N/A | | * |
| Ash | q | N/A | 5.0183 | | N/A | | * |

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades K-5 Serving Period: Lunch

| | | Lunch | Lunch | | Missing | |
|-----------------------|-------|---------|---------|------------|---------|--|
| Meal Pattern Nutrient | Units | Minimum | Maximum | Value | Values | |
| Food Energy | kcals | N/A | N/A | 654.7199 | | |
| Saturated Fat | % Cal | N/A | N/A | 4.71 | | |
| Sodium | mg | N/A | N/A | 1,019.0818 | | |

^{*} Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



Scheduled Menu Analysis

Average Cost Analysis For Menus for Site:

Serving Period: Lunch

Average Cost Per Serving: 0.2875 **Average Weighted Cost Per Serving:** 0.1292

Average Nutrient Analysis For Menus for Site:

Serving Period: Lunch

| Nutrient | Units | Lunch Standard | Nutrient Values | % of Calories | % Nutrient Standard | Difference from Std. | Missing Values |
|---------------------|-------|-------------------|--------------------|------------------|------------------------|----------------------|-------------------|
| Total Trans | g | | 0.0009 | | N/A | | * |
| Total Fat | g | | 16.6779 | 23.6028 | N/A | | |
| Cholesterol | mg | | 67.8102 | | N/A | | |
| Carbohydrate | g | | 93.5430 | 58.8370 | N/A | | |
| Total Dietary Fiber | g | | 11.2990 | | N/A | | |
| Protein | g | | 30.6001 | 19.2470 | N/A | | |
| Vitamin A (IU) | IU | | 8,995.2019 | | N/A | | * |
| Vitamin C | mg | | 76.2205 | | N/A | | * |
| Calcium | mg | | 422.6610 | | N/A | | * |
| Iron | mg | | 4.0281 | | N/A | | * |
| Moisture | g | | 516.5535 | | N/A | | * |
| Ash | g | | 5.2629 | | N/A | | * |

! = Item out of compliance with standard

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Weekly Meal Pattern Analysis For Menus for Site:

Serving Period: Lunch Week Of: 4/2/2018 to 4/6/2018

| | | Lunch | Lunch | | Missing |
|-----------------------|-------|---------|---------|-----------|---------|
| Meal Pattern/Nutrient | Units | Minimum | Maximum | Value | Values |
| Food Energy | kcals | 550 | 650 | 635.9469 | |
| Saturated Fat | % Cal | N/A | < 10 | 5.53 | |
| Sodium | mg | N/A | 1230 | 1093.4266 | |

! = Item out of compliance with standard

Food Energy, Saturated Fat, and Sodium are weekly nutrient standards.

^{*} Meal Pattern/Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.