

Meal Pattern Certification Tool

Site: 506 ELDORADO K8 Age Group: Grades K-8 Serving Period: Breakfast

Week Of: 8/11/2014 to 8/15/2014



Meal Pattern Certification Tool

Reimbursable Meals

1	2	3	3a	3b		4	5	5a	6
	Meat/Meat Alternate (oz equivalents)		Grains (oz equivalents)		Fruits	s (cups)	Veget (cu	ables ps)	Fluid Milk (cups)
Meal Name Name of each reimbursable meal found on the weekly menu.	Total meat/meat alternate offered with this meal	Total grains ounces/bread servings including whole grain rich and desserts offered with this meal	Of the grains offered with this meal, number of ounces/bread servings that are whole grain rich	Of the grains offered with this meal, number of ounces/bread servings that are grain based desserts	Number of cups of fruit including fruit juice offered with this meal	ONLY the cups of fruit juice	Number of cups of vegetables including juice offered with this meal	ONLY the cups of vegetable juice	Number of cups of fluid milk offered with this meal
CEREALS RTE,GRANOLA,HOMEMADE	0	4	4	0	1	1/2	0	0	1
MUFFIN BANANA	0	2	2	0	1	1/2	0	0	1
FT BAR CHY APP 120 CT	0	2	2	0	1	1/2	0	0	1
OAT & HONEY CEREAL 4/46OZ	0	2	2	0	1	1/2	0	0	1
BAGEL WG 2 OZ	0	2	2	0	1 1/2	1/2	0	0	1
MUFFIN BLUEBERRY	0	2	2	0	1	1/2	0	0	1
MUFFIN BANANA	0	2	2	0	1	1/2	0	0	1
BAGEL WG 2 OZ	0	2	2	0	1	1/2	0	0	1
CEREALS RTE,GRANOLA,HOMEMADE	0	4	4	0	1	1/2	0	0	1
FT BAR CHY APP 120 CT	0	2	2	0	1	1/2	0	0	1
MUFFIN BLUEBERRY	0	2	2	0	1	1/2	0	0	1
OAT & HONEY CEREAL 4/46OZ	0	2	2	0	1	1/2	0	0	1
BAGEL WG 2 OZ	0	2	2	0	1	1/2	0	0	1
BURRITO BREAKFAST	0	2	2	0	1	1/2	0	0	1
FT BAR CHY APP 120 CT	0	2	2	0	1	1/2	0	0	1



Meal Pattern Certification Tool

CEREALS RTE,GRANOLA,HOMEMADE	0	4	4	0	1	1/2	0	0	1
OAT & HONEY CEREAL 4/46OZ	0	2	2	0	1	0	0	0	1
MUFFIN BANANA	0	2	2	0	1	1/2	0	0	1
MUFFIN BLUEBERRY	0	2	2	0	1	1/2	0	0	1
OAT & HONEY CEREAL 4/46OZ	0	2	2	0	1	1/2	0	0	1
BAGEL WG 2 OZ	0	2	2	0	1	1/2	0	0	1
FT BAR CHY APP 120 CT	0	2	2	0	1	1/2	0	0	1
CEREALS RTE,GRANOLA,HOMEMADE	0	4	4	0	1	1/2	0	0	1
MUFFIN BANANA	0	2	2	0	1	1/2	0	0	1
MUFFIN BLUEBERRY	0	2	2	0	1	1/2	0	0	1
OAT & HONEY CEREAL 4/46OZ	0	2	2	0	1	1/2	0	0	1
CEREALS RTE,GRANOLA,HOMEMADE	0	4	4	0	1	1/2	0	0	1
MUFFIN BLUEBERRY	0	2	2	0	1	1/2	0	0	1
MUFFIN BANANA	0	2	2	0	1	1/2	0	0	1
FT BAR CHY APP 120 CT	0	2	2	0	1	1/2	0	0	1
BAGEL WG 2 OZ	0	2	2	0	1	1/2	0	0	1



Meal Pattern Certification Tool

Daily Requirement Check

Monday (8/11/2014)

		t/Meat e (M/MA)		3. Grains				4. Fruits			5. Vegetables	6. Milk		
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check N/A oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check N/A cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
CEREALS RTE,GRANOLA,HOMEMADE	0	Yes	4	Yes	4	0	1	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BANANA	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
FT BAR CHY APP 120 CT	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
OAT & HONEY CEREAL 4/46OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
BAGEL WG 2 OZ	0	Yes	2	Yes	2	0	1 1/2	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BLUEBERRY	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes

Milk Type Types of milk offered to students on Monday. All types of milk included.												
Skim/fat-free, unflavored	\square											
Skim/fat-free, flavored		Yes										
Low-fat (1% or less), unflavored	V											
Low-fat (1% or less), flavored												
Reduced fat (2% fat) or whole, unflavored and flavored												



Meal Pattern Certification Tool

any vegetable subgroup															
		Credita	able Amour	nt of Each Vegetable Offe	ered on Moi	nday (8/11/2014)									
	Offered weekly vegetable bar on Monday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Monday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.														
Dark Green vegetables offered on Monday Red/Orange vegetables offered on Monday Starchy vegetables offered on Monday Other vegetables offered on Monday Other vegetables offered on Monday Largest amount of Largest amount of Largest amount of Largest amount of Monday															
Largest amount of Dark Green vegetables															
Unspecified Dark Gr	een	Unspecified Red/Ora	inge	Unspecified Beans/I	Peas	Unspecified Starch	hy	Unspecified Othe	r						
Vegetables		Vegetables		(legumes)		Vegetables		Vegetables							



Meal Pattern Certification Tool

Daily Requirement Check

Tuesday (8/12/2014)

		t/Meat e (M/MA)		3. G	ains			4. Fruits			5. Vegetables	6. Milk		
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check N/A oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check N/A cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
MUFFIN BANANA	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
BAGEL WG 2 OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
CEREALS RTE,GRANOLA,HOMEMADE	0	Yes	4	Yes	4	0	1	Yes	1/2	0	Yes	0	1	Yes
FT BAR CHY APP 120 CT	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BLUEBERRY	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
OAT & HONEY CEREAL 4/46OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes

Milk Type Types of milk offered to students on Tuesday. All types of milk included.											
Skim/fat-free, unflavored	V										
Skim/fat-free, flavored		Yes									
Low-fat (1% or less), unflavored	\square										
Low-fat (1% or less), flavored											
Reduced fat (2% fat) or whole, unflavored and flavored											



Meal Pattern Certification Tool

,g													
		Credita	able Amour	t of Each Vegetable Offe	ered on Tue	sday (8/12/2014)							
Offered weekly vegetable bar on Tuesday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Tuesday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.													
Dark Green vegetables offered on Tuesday Red/Orange vegetables (cups) (cups) (cups) offered on Tuesday Other vegetables offered on Tuesday													
Largest amount of Dark Green vegetables													
Unspecified Dark Gr Vegetables	een	Unspecified Red/Ora Vegetables	inge	Unspecified Beans/I (legumes)	Peas	Unspecified Starc Vegetables	hy	Unspecified Othe Vegetables	r				



Meal Pattern Certification Tool

Daily Requirement Check

Wednesday (8/13/2014)

		t/Meat e (M/MA)		3. Gr	rains			4. Fruits			5. Vegetables		6. Milk	
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check N/A oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check N/A cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
BAGEL WG 2 OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
BURRITO BREAKFAST	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
FT BAR CHY APP 120 CT	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
CEREALS RTE,GRANOLA,HOMEMADE	0	Yes	4	Yes	4	0	1	Yes	1/2	0	Yes	0	1	Yes
OAT & HONEY CEREAL 4/46OZ	0	Yes	2	Yes	2	0	1	Yes	0	0	Yes	0	1	Yes
MUFFIN BANANA	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BLUEBERRY	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes

Milk Type Types of milk offered to students on Wednesday. All types of milk included.											
Skim/fat-free, unflavored	Ø										
Skim/fat-free, flavored		Yes									
Low-fat (1% or less), unflavored	\square										
Low-fat (1% or less), flavored											
Reduced fat (2% fat) or whole, unflavored and flavored											



Meal Pattern Certification Tool

any vegetable subgroup															
		Creditab	le Amount	of Each Vegetable Offer	ed on Wedr	nesday (8/13/2014)									
	Offered weekly vegetable bar on Wednesday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Wednesday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.														
Dark Green vegetables offered on Wednesday Red/Orange vegetables (cups) Red/Orange vegetables (cups) Red/Orange vegetables offered on Wednesday Red/Orange vegetables (cups) Red/Orange vegetables (cups) Red/Orange vegetables offered on Wednesday Red/Orange vegetables offered on Wednesday															
Largest amount of Dark Green vegetables															
Unspecified Dark Gro	een	Unspecified Red/Ora	inge	Unspecified Beans/I	Peas	Unspecified Starcl	hy	Unspecified Othe	r						
Vegetables		Vegetables		(legumes)		Vegetables		Vegetables							



Meal Pattern Certification Tool

Daily Requirement Check

Thursday (8/14/2014)

	2. Mea Alternate	•		3. Grains				4. Fruits			5. Vegetables	6. Milk		
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check N/A oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check N/A cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
OAT & HONEY CEREAL 4/46OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
BAGEL WG 2 OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
FT BAR CHY APP 120 CT	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
CEREALS RTE,GRANOLA,HOMEMADE	0	Yes	4	Yes	4	0	1	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BANANA	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BLUEBERRY	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes

Milk Type Types of milk offered to students on Thursday. All types of milk included.							
Skim/fat-free, unflavored	V						
Skim/fat-free, flavored		Yes					
Low-fat (1% or less), unflavored	$\overline{\mathbf{A}}$						
Low-fat (1% or less), flavored							
Reduced fat (2% fat) or whole, unflavored and flavored							



Meal Pattern Certification Tool

Creditable Amount of Each Vegetable Offered on Thursday (8/14/2014)											
	Offered weekly vegetable bar on Thursday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Thursday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.										
Dark Green vegetables offered on Thursday	Quantity (cups)	Red/Orange vegetables offered on Thursday	vegetables offered on (cups) (legumes) offered on (cups) offered on (cups)						Quantity (cups)		
Largest amount of Dark Green vegetables	0	Largest amount of Red/Orange vegetables	0	Largest amount of Beans/Peas (legumes)	0	Largest amount of Starchy vegetables	0	Largest amount of Other vegetables	0		
Unspecified Dark Gro Vegetables	een	Unspecified Red/Ora Vegetables	inge	Unspecified Beans/I (legumes)	Peas	Unspecified Starchy Vegetables		Unspecified Other Vegetables			



Meal Pattern Certification Tool

Daily Requirement Check

Friday (8/15/2014)

		t/Meat e (M/MA)	3. Grains			4. Fruits			5. Vegetables			6. Milk		
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check N/A oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check N/A cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
OAT & HONEY CEREAL 4/46OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
CEREALS RTE,GRANOLA,HOMEMADE	0	Yes	4	Yes	4	0	1	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BLUEBERRY	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
MUFFIN BANANA	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
FT BAR CHY APP 120 CT	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes
BAGEL WG 2 OZ	0	Yes	2	Yes	2	0	1	Yes	1/2	0	Yes	0	1	Yes

Milk Type Types of milk offered to students on Friday. All types of milk included.								
Skim/fat-free, unflavored	Ø							
Skim/fat-free, flavored		Yes						
Low-fat (1% or less), unflavored	V							
Low-fat (1% or less), flavored								
Reduced fat (2% fat) or whole, unflavored and flavored								



Meal Pattern Certification Tool

Creditable Amount of Each Vegetable Offered on Friday (8/15/2014)											
Offered weekly vegetable bar on Friday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Friday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.											
Dark Green vegetables offered on Friday	Quantity (cups)	Red/Orange vegetables offered on Friday	vegetables offered on (cups) (legumes) offered on (cups) offered on (cups) offered on								
Largest amount of Dark Green vegetables	0	Largest amount of Red/Orange vegetables	0	Largest amount of Beans/Peas (legumes)	0	Largest amount of Starchy vegetables	0	Largest amount of Other vegetables	0		
Unspecified Dark Gro Vegetables	een	Unspecified Red/Ora Vegetables	inge	Unspecified Beans/I (legumes)	Peas	Unspecified Starchy Vegetables		Unspecified Other Vegetables			



Meal Pattern Certification Tool

A Program of the Chef Ann Foundation								
Weekly Report 8/11/2014 to 8/15/2	2014		Cells shaded th	is color means the daily n	ninimum for the comp	onent is NOT met.		
	Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Total	Weekly Requirement (cups)	Weekly Requirement Check
Minimum Fruit (cups)	1	1	1	1	1	5	5	Yes
Weekly Fruit Juice Limit Check (no more than half of total fruit)	Total Weekly Fruit		Weekly t Juice	Percent of total weekly fruit that is juice	Weekly Requirement Check			
	5 1/2	2	1/2	45.45 %	Yes			
	Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Total	Weekly Requirement (cups)	Weekly Requirement Check
Minimum Vegetables	0	0	0	0	0	0	N/A	Yes
Cups of DARK GREEN	0	0	0	0	0	0	N/A	Yes
Cups of RED/ORANGE	0	0	0	0	0	0	N/A	Yes
Cups of BEANS/PEAS (Legumes)	0	0	0	0	0	0	N/A	Yes
Cups of STARCHY vegetables	0	0	0	0	0	0	N/A	Yes
Cups of OTHER (any other type of vegetable)	0	0	0	0	0	0	N/A	Yes
Weekly Vegetable Juice Limit Check (no more than half of total vegetables)	Total Weekly Vegetables		Weekly ble Juice	Percent of total weekly vegetables that is juice	Weekly Requirement Check			
	0		0	0.00 %	Yes			
	Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Total	Weekly Requirement (oz equivalents)	Weekly Requirement Check
Minimum Meat/Meat Alternate	0	0	0	0	0	0	N/A	Yes
Maximum Meat/Meat Alternate	0	0	0	0	0	0	N/A	Yes



Meal Pattern Certification Tool

	Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Total	Weekly Requirement (oz equivalents)	Weekly Requirement Check
Minimum Grain	2	2	2	2	2	10	8	Yes
Maximum Grain	4	4	4	4	4	20	10	No
	Grain Based Dessert Total for all weekly meals							Yes
Whole Grain Rich Weekly Amount	Weekly Grains Total	72	Weekly Whole Grain Rich Total	72	Percent of Whole Grain Rich	100.00 %	At least half whole grain rich	Yes
	Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Total	Weekly Requirement (cups)	Weekly Requirement Check
Minimum Fluid Milk	1	1	1	1	1	5	5	Yes
Variety: Skim/fat free unflavored, Skim/fat-free flavored, Low-fat (less	Yes	Yes	Yes	Yes	Yes			
Low-fat (1% or less), flavored								
Reduced fat (2% fat) or whole, unflavored and flavored								