

Meal Pattern Certification Tool

Printed By: Vanessa Carter

Site: Week Of: 7/2/2018 to 7/6/2018

Daily Requirement Check

Age Group: Grades K-8

Serving Period: Lunch

Monday (7/2/2018)

	2. Mea Alternate	t/Meat e (M/MA)		3. Grains			4. Fruits			5. Vegetables			6. Milk	
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check 1 oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1/2 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check 3/4 cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
SALAD BAR MEAL W/ 2 OZ ROLL SA305	2 1/2	Yes	2	Yes	2	0	1/2	Yes	0	2	Yes	0	1	Yes
BUTTERNUT SQUASH AND CHICKEN FS010	2 1/4	Yes	2 1/4	Yes	2 1/4	0	1/2	Yes	0	3/4	Yes	0	1	Yes

Milk Type Types of milk offered to students on Monday. All types of milk included.										
Skim/fat-free, unflavored	V									
Skim/fat-free, flavored		Yes								
Low-fat (1% or less), unflavored	V									
Low-fat (1% or less), flavored										
Reduced fat (2% fat) or whole, unflavored and flavored										



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Daily Vegetable Subgro														
		Credit	able Amou	nt of Each Vegetable Off	ered on Mo	nday (7/2/2018)								
	Offered weekly vegetable bar on Monday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Monday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.													
Dark Green vegetables offered on Monday	Quantity (cups)	Red/Orange vegetables offered on Monday	Ables offered on Monday (cups) (legumes) offered on Monday (cups) offered on Monday (cups) Monday (cups) Offered on Monda											
Largest amount of Dark Green vegetables	1/4	Largest amount of Red/Orange vegetables	1/8	Largest amount of Other vegetables	1/2									
Unspecified Dark Gro	een	Unspecified Red/Ora	inge	Unspecified Beans/I	Peas	Unspecified Starch	ıy	Unspecified Othe	r					
Vegetables		Vegetables		(legumes)		Vegetables		Vegetables						



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Daily Requirement Check

Tuesday (7/3/2018)

		it/Meat e (M/MA)		3. Grains			4. Fruits			5. Vegetables			6. Milk	
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check 1 oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1/2 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check 3/4 cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
SALAD BAR MEAL W/ 2 OZ ROLL SA305	2 1/2	Yes	2	Yes	2	0	1/2	Yes	0	2	Yes	0	1	Yes
BEAN & CHEESE NACHOS K-8 MV016	2 1/4	Yes	1 1/4	Yes	1 1/4	0	1/2	Yes	0	3/4	Yes	0	1	Yes

Milk Type Types of milk offered to students on Tuesd All types of milk included.	lay.	
Skim/fat-free, unflavored	\square	
Skim/fat-free, flavored		Yes
Low-fat (1% or less), unflavored		
Low-fat (1% or less), flavored		
Reduced fat (2% fat) or whole, unflavored and flavored		



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Daily Vegetable Subgro	P										
		Credit	able Amou	nt of Each Vegetable Off	ered on Tu	esday (7/3/2018)					
Offered weekly vegetable bar on Tuesday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Tuesday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.											
Dark Green vegetables offered on Tuesday	Quantity (cups)	Red/Orange vegetables offered on Tuesday	Quantity (cups)	Beans/Peas (legumes) offered on Tuesday	Quantity (cups)	Starchy vegetables offered on Tuesday	Quantity (cups)	Other vegetables offered on Tuesday	Quantity (cups)		
Largest amount of Dark Green vegetables	1/4	Largest amount of Red/Orange vegetables	Largest amount of Other vegetables	1/2							
Unspecified Dark Gro	een	Unspecified Red/Ora	inge	Unspecified Beans/I	Peas	Unspecified Starcl	hy	Unspecified Othe	r		
Vegetables		Vegetables		(legumes)		Vegetables		Vegetables			



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Daily Requirement Check

Wednesday (7/4/2018)

		t/Meat e (M/MA)		3. Grains			4. Fruits			5. Vegetables			6. Milk	
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check 1 oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1/2 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check 3/4 cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
QUINOA BURGER PF002	2 1/4	Yes	2 1/4	Yes	2 1/4	0	1/2	Yes	0	3/4	Yes	0	1	Yes
SALAD BAR MEAL W/ 2 OZ ROLL SA305	2 1/2	Yes	2	Yes	2	0	1/2	Yes	0	2	Yes	0	1	Yes

Milk Type Types of milk offered to students on Wednesday. All types of milk included.										
Skim/fat-free, unflavored	Ø									
Skim/fat-free, flavored		Yes								
Low-fat (1% or less), unflavored	V									
Low-fat (1% or less), flavored										
Reduced fat (2% fat) or whole, unflavored and flavored										



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Daily Vegetable Subgro	•													
		Credital	ble Amount	of Each Vegetable Offer	ed on Wed	nesday (7/4/2018)								
Offered weekly vegetable bar on Wednesday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Wednesday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.														
Dark Green vegetables offered on Wednesday	Quantity (cups)	Red/Orange vegetables offered on Wednesday	ables offered on (cups) (legumes) offered on (cups) offered on Wednesday (cups) offered on Wednesday (cups) wednesday											
Largest amount of Dark Green vegetables	1/4	Largest amount of Red/Orange vegetables	1/8	Largest amount of Other vegetables	1/2									
Unspecified Dark Gro	een	Unspecified Red/Ora	inge	Unspecified Beans/I	Peas	Unspecified Starcl	ıy	Unspecified Othe	r					
Vegetables		Vegetables		(legumes)		Vegetables		Vegetables						



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Daily Requirement Check

Thursday (7/5/2018)

	2. Meat/Meat Alternate (M/MA)			3. G	ains			4. Fruits			5. Vegetables		6. Mi	lk
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check 1 oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1/2 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check 3/4 cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
POTATO BROCCOLI CHEESE MV060	2 1/4	Yes	2 1/4	Yes	2 1/4	0	1/2	Yes	0	3/4	Yes	0	1	Yes
SALAD BAR MEAL W/ 2 OZ ROLL SA305	2 1/2	Yes	2	Yes	2	0	1/2	Yes	0	2	Yes	0	1	Yes

Milk Type Types of milk offered to students on Thursday. All types of milk included.										
Skim/fat-free, unflavored	Ø									
Skim/fat-free, flavored		Yes								
Low-fat (1% or less), unflavored	V									
Low-fat (1% or less), flavored										
Reduced fat (2% fat) or whole, unflavored and flavored										



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Daily Vegetable Subgro												
		Credita	able Amour	nt of Each Vegetable Offe	ered on Thu	ırsday (7/5/2018)						
	Offered weekly vegetable bar on Thursday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Thursday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.											
Dark Green vegetables offered on Thursday	Quantity (cups)	Red/Orange vegetables offered on Thursday	Quantity (cups)	Beans/Peas (legumes) offered on Thursday	Quantity (cups)	Starchy vegetables offered on Thursday	Quantity (cups)	Other vegetables offered on Thursday	Quantity (cups)			
Largest amount of Dark Green vegetables	1/4	Largest amount of Red/Orange vegetables	Largest amount of Other vegetables	1/2								
Unspecified Dark Gro	een	Unspecified Red/Ora	inge	Unspecified Beans/I	Peas	Unspecified Starcl	ту	Unspecified Othe	r			
Vegetables		Vegetables		(legumes)		Vegetables		Vegetables				



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Daily Requirement Check

Friday (7/6/2018)

		t/Meat e (M/MA)	3. Grains				4. Fruits			5. Vegetables			6. Milk	
Meal Name Name of each reimbursable meal found on the weekly menu.	M/MA oz equvalents	Daily M/MA Requirement Check 1 oz equivalents	a. Grains oz equivalents or bread servings	Daily Grain Requirement Check 1 oz equivalents	b. Whole Grain Rich oz equivalents or bread servings	c. Grain Based Dessert oz equivalents or bread servings	a. Fruit cups	Daily Fruit Requirement Check 1/2 cup	b. Fruit Juice cups	a. Vegetables cups	Daily Vegetable Requirement Check 3/4 cup	b. Vegetable Juice cups	Milk cups	Daily Milk Requirement Check 1 cup
SALAD BAR MEAL W/ 2 OZ ROLL SA305	2 1/2	Yes	2	Yes	2	0	1/2	Yes	0	2	Yes	0	1	Yes
SWEET N SOUR TOFU K-8 MV024	1 1/4	Yes	1 1/4	Yes	1 1/4	0	1/2	Yes	0	3/4	Yes	0	1	Yes

Milk Type Types of milk offered to students on Friday. All types of milk included.								
Skim/fat-free, unflavored	V	Yes						
Skim/fat-free, flavored								
Low-fat (1% or less), unflavored	V							
Low-fat (1% or less), flavored								
Reduced fat (2% fat) or whole, unflavored and flavored								



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Daily Vegetable Subgro											
Creditable Amount of Each Vegetable Offered on Friday (7/6/2018)											
Offered weekly vegetable bar on Friday with NO CHANGES: Vegetables offered in addition to the weekly vegetable bar are listed below. NOTE: If the vegetable bar offered on Friday differs from the weekly offerings, all offerings and quantities for each vegetable subgroup is listed below.											
Dark Green vegetables offered on Friday	Quantity (cups)	Red/Orange vegetables offered on Friday	vegetables offered on (cups) (legumes) offered on (cups) offered on (cups)						Quantity (cups)		
Largest amount of Dark Green vegetables	1/4	Largest amount of Red/Orange vegetables	5/8	Largest amount of Beans/Peas (legumes)	1/2	Largest amount of Starchy vegetables	1/8	Largest amount of Other vegetables	1/2		
Unspecified Dark Gro	een	Unspecified Red/Ora	inge	Unspecified Beans/I	Peas	Unspecified Starch	ıy	Unspecified Othe	r		
Vegetables		Vegetables		(legumes)		Vegetables		Vegetables			



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Weekly Report	7/2/2018 to 7/6/201	8			Cells shaded this color means the daily minimum for the component is NOT met.								
					Cells shaded this color means the maximum for the component exceeds the requirement.								
		Monday	Т	uesday	Wednesd	ay	Thursday	Friday	Weekly Total	Weekly Requirement (cups)	Weekly Requirement Check		
Minimum	Fruit (cups)	1/2		1/2	1/2		1/2	1/2	2 1/2	2 1/2	Yes		
Limit	Fruit Juice t Check half of total fruit)	Total Weekly Fruit			Weekly t Juice		Percent of total weekly fruit that is juice	Weekly Requirement Check					
		2 1/2		(0		0.00 %	Yes					
		Monday	т	uesday	Wednesda	ay	Thursday	Friday	Weekly Total	Weekly Requirement (cups)	Weekly Requirement Check		
Minimum	Vegetables	3/4		3/4	3/4		3/4	3/4	3 3/4	3 3/4	Yes		
Cups of D	ARK GREEN	1/4		1/4	1/4		1/4	1/4	1 1/4	1/2	Yes		
Cups of R	ED/ORANGE	5/8		5/8	5/8		5/8	5/8	3 1/8	3/4	Yes		
Cups of BEANS	/PEAS (Legumes)	1/2		1/2	1/2		1/2	1/2	2 1/2	1/2	Yes		
Cups of STAR	CHY vegetables	1/8		1/8	1/8		1/8	1/8	5/8	1/2	Yes		
	of OTHER pe of vegetable)	1/2		1/2	1/2		1/2	1/2	2 1/2	1/2	Yes		
Limit	getable Juice t Check f of total vegetables)	Total Weekly Vegetables			weekiy		Percent of total eekly vegetables that is juice	Weekly Requirement Check					
		10					0.00 %	Yes					
		Monday	т	uesday	Wednesd	ay	Thursday	Friday	Weekly Total	Weekly Requirement (oz equivalents)	Weekly Requirement Check		

2 1/4

2 1/2

2 1/4

2 1/2

2 1/4

2 1/2

Minimum Meat/Meat Alternate

Maximum Meat/Meat Alternate

2 1/4

2 1/2

10 1/4

12 1/2

1 1/4

2 1/2

Yes

No

9

10



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	Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Total	Weekly Requirement (oz equivalents)	Weekly Requirement Check
Minimum Grain	2	1 1/4	2	2	1 1/4	8 1/2	8	Yes
Maximum Grain	2 1/4	2	2 1/4	2 1/4	2	10 3/4	9	No
	Grain Based Dessert Total for all weekly meals						No more 2 oz equivalents	Yes
Whole Grain Rich Weekly Amount	Weekly Grains Total	19 1/4	Weekly Whole Grain Rich Total	19 1/4	Percent of Whole Grain Rich	100.00 %	100% whole grain rich	Yes
	Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Total	Weekly Requirement (cups)	Weekly Requirement Check
Minimum Fluid Milk	1	1	1	1	1	5	5	Yes
Variety: Skim/fat free unflavored, Skim/fat-free flavored, Low-fat (less	Yes	Yes	Yes	Yes	Yes			
Low-fat (1% or less), flavored								
Reduced fat (2% fat) or whole, unflavored and flavored								