



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 320 A HS LUNCH W2D1

Date: 08/11/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
ZA012	PIZZA PEPP HS 6-CUT	1	1 SLICE	30	0.7074	21.2220
ZA002	PIZZA CHEESE HS 6-CUT	1	1 SLICE	59	0.7074	41.7367
ZA032	PIZZA VEGGIE HS 6 CUT	1	1 SLICE	24	0.7387	17.7276
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 4.8431 241.7970

Cost Standard: 0.0000

Total Weighted Cost per Serving: 2.0363

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.0214		N/A		*
Total Fat	g	N/A	19.5433	24.6940	N/A		
Cholesterol	mg	N/A	43.3689		N/A		
Carbohydrate	g	N/A	99.8085	56.0504	N/A		
Total Dietary Fiber	g	N/A	12.6806		N/A		
Protein	g	N/A	38.2251	21.4664	N/A		
Vitamin A (RE)	RE	N/A	1165.2866		N/A		*
Vitamin A (IU)	IU	N/A	9577.8137		N/A		*
Vitamin C	mg	N/A	69.8082		N/A		*
Calcium	mg	N/A	811.6622		N/A		*
Iron	mg	N/A	4.3378		N/A		*
Moisture	g	N/A	558.1438		N/A		*
Ash	g	N/A	4.8856		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	712.2762	
Saturated Fat	% Cal	N/A	N/A	10.14	
Sodium	mg	N/A	N/A	1,477.0387	

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Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 322 A HS LUNCH W2D2

Date: 08/12/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP421	SANDWICH CAJUN CHICKEN SUB	1	1 SANDWICH	18	0.1894	3.4101
PV063	RAVIOLI CHEESE SEC	1	10 OZ	18	0.1469	2.6445
SI302	SIDE BREAD STICK	1	1 BREADSTICK	18	0.0000	0.0000
MP405	SANDWICH TURKEY CHEESE TOAST	1	1 SANDWICH	77	0.3004	23.1282
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI710	SIDE VEG DU JOUR	1	.5 CUP	118	0.0036	0.4252
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 3.3299 190.7187

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.6072

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	25.3478	29.4918	N/A		
Cholesterol	mg	N/A	77.1432		N/A		
Carbohydrate	g	N/A	106.8984	55.2776	N/A		
Total Dietary Fiber	g	N/A	16.3105		N/A		
Protein	g	N/A	34.5796	17.8813	N/A		
Vitamin A (RE)	RE	N/A	1613.1314		N/A		*
Vitamin A (IU)	IU	N/A	11144.8356		N/A		*
Vitamin C	mg	N/A	84.1243		N/A		*
Calcium	mg	N/A	539.4098		N/A		*
Iron	mg	N/A	58.5353		N/A		*
Moisture	g	N/A	676.4212		N/A		*
Ash	g	N/A	7.2921		N/A		*

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	773.5384	
Saturated Fat	% Cal	N/A	N/A	11.68	
Sodium	mg	N/A	N/A	1,702.0736	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 324 A HS LUNCH W2D3

Date: 08/13/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MB012	BEEF NACHOS SEC	1	1 SERVING (4 OZ)	59	1.0409	61.4108
MV017	BEAN & CHEESE NACHOS SEC 2	1	1 SVG (4 OZ)	12	0.2877	3.4526
SD041	SAUCE NACHO CHEESE	1	2 OZ	12	0.1029	1.2348
9003	CHEESE CHED SHRED COMM 4/5 LB	1	5# BAG	0	0.0000	0.0000
MB500	SANDWICH BBQ PULLED PORK	1	3 OZ	42	0.5770	24.2324
SI504	SIDE BEANS REFRIED PINTO	1	.25 CUP	71	0.0005	0.0385
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178
Per Serving/Total Menu Cost:					4.6986	251.4798
Cost Standard: 0.0000	Total Weighted Cost per Serving:				2.1197	

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.4287		N/A		*
Total Fat	g	N/A	28.8216	30.5283	N/A		
Cholesterol	mg	N/A	72.0906		N/A		
Carbohydrate	g	N/A	110.9220	52.2179	N/A		
Total Dietary Fiber	g	N/A	15.3688		N/A		
Protein	g	N/A	36.8748	17.3593	N/A		
Vitamin A (RE)	RE	N/A	1184.0617		N/A		*
Vitamin A (IU)	IU	N/A	9659.1634		N/A		*
Vitamin C	mg	N/A	65.1175		N/A		*
Calcium	mg	N/A	494.4484		N/A		*
Iron	mg	N/A	4.9617		N/A		*
Moisture	g	N/A	622.2815		N/A		*
Ash	g	N/A	5.8259		N/A		*

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Scheduled Menu Analysis

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	849.6859	
Saturated Fat	% Cal	N/A	N/A	8.46	
Sodium	mg	N/A	N/A	1,455.0189	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 326 A HS LUNCH W2D4

Date: 08/14/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP310	CHICKEN SWEET N SOUR DRUM	1	1 DRUMSTICK	48	0.3360	16.1284
MP311	CHICKEN SWEET N SOUR THIGH	1	1 THIGH	48	0.4866	23.3554
MV430	SANDWICH TOASTED CHEESE	1	1 SANDWICH	18	0.3004	5.4066
MV431	SANDWICH GF TOASTED CHEESE	1	1 Sandwich	0	5.6374	0.0000
MB432	SANDWICH MEATBALL SUB SEC	1	1 SDWH (5 MB)	0	0.8147	0.0000
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI299	SIDE BROWN RICE	1	1 CUP	95	0.0973	9.2456
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 10.3620 215.2467

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.8100

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	22.1353	26.1609	N/A		
Cholesterol	mg	N/A	78.1316		N/A		
Carbohydrate	g	N/A	108.7533	57.1250	N/A		
Total Dietary Fiber	g	N/A	11.5105		N/A		
Protein	g	N/A	34.2222	17.9760	N/A		
Vitamin A (RE)	RE	N/A	1190.1119		N/A		*
Vitamin A (IU)	IU	N/A	9614.4132		N/A		*
Vitamin C	mg	N/A	63.6381		N/A		*
Calcium	mg	N/A	464.2989		N/A		*
Iron	mg	N/A	3.7083		N/A		*
Moisture	g	N/A	657.5247		N/A		*
Ash	g	N/A	6.0161		N/A		*

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Scheduled Menu Analysis

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	761.5105	
Saturated Fat	% Cal	N/A	N/A	8.76	
Sodium	mg	N/A	N/A	673.7046	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 328 A HS LUNCH W2D5

Date: 08/15/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MB001	HOT DOG BEEF	1	1 HOT DOG	71	0.1600	11.3600
MB200	BEEF CHILI	1	1 OZ	59	0.0943	5.5666
MV060	POTATO BROCCOLI CHEESE SEC	1	2 HALVES	30	0.3301	9.9036
SI300	SIDE BISCUIT	1	1 BISCUIT	30	0.1483	4.4490
ZA022	PIZZA CHEESE #2 HS 6-CUT	1	1 SLICE	12	0.7074	8.4888
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 4.1297 200.8787

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.6915

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.3371		N/A		*
Total Fat	g	N/A	25.9394	28.9441	N/A		
Cholesterol	mg	N/A	56.8020		N/A		
Carbohydrate	g	N/A	113.6884	56.3812	N/A		
Total Dietary Fiber	g	N/A	14.3622		N/A		
Protein	g	N/A	33.9520	16.8377	N/A		
Vitamin A (RE)	RE	N/A	1163.0326		N/A		*
Vitamin A (IU)	IU	N/A	9586.6015		N/A		*
Vitamin C	mg	N/A	75.1166		N/A		*
Calcium	mg	N/A	512.6383		N/A		*
Iron	mg	N/A	4.3078		N/A		*
Moisture	g	N/A	635.2920		N/A		*
Ash	g	N/A	6.3179		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	806.5699	
Saturated Fat	% Cal	N/A	N/A	10.96	
Sodium	mg	N/A	N/A	1,618.8402	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Average Cost Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Average Cost Per Serving: 0.5473

Average Weighted Cost Per Serving: 0.1853

Average Nutrient Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		0.1574		N/A		*
Total Fat	g		24.3575	28.0790	N/A		
Cholesterol	mg		65.5073		N/A		
Carbohydrate	g		108.0141	55.3410	N/A		
Total Dietary Fiber	g		14.0465		N/A		
Protein	g		35.5707	18.2247	N/A		
Vitamin A (RE)	RE		1,263.1248		N/A		*
Vitamin A (IU)	IU		9,916.5655		N/A		*
Vitamin C	mg		71.5609		N/A		*
Calcium	mg		564.4915		N/A		*
Iron	mg		15.1702		N/A		*
Moisture	g		629.9326		N/A		*
Ash	g		6.0675		N/A		*

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Weekly Meal Pattern Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Week Of: 8/11/2014 to 8/15/2014

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	780.7162	
Saturated Fat	% Cal	N/A	< 10	9.98	
Sodium	mg	N/A	N/A	1385.3352	

! = Item out of compliance with standard

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