



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 332 A HS LUNCH W3D1

Date: 08/18/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
ZA002	PIZZA CHEESE HS 6-CUT	1	1 SLICE	36	0.7074	25.4664
ZA012	PIZZA PEPP HS 6-CUT	1	1 SLICE	12	0.7074	8.4888
ZA062	PIZZA SAUSAGE HS 6-CUT	1	1 SLICE	12	0.9394	11.2732
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	59	1.1216	66.1762
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPER	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 5.0438 265.7855

Cost Standard: 0.0000

Total Weighted Cost per Serving: 2.2395

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.0136		N/A		*
Total Fat	g	N/A	21.3502	24.6651	N/A		
Cholesterol	mg	N/A	69.4571		N/A		
Carbohydrate	g	N/A	114.0243	58.5457	N/A		
Total Dietary Fiber	g	N/A	16.7024		N/A		
Protein	g	N/A	37.3685	19.1868	N/A		
Vitamin A (RE)	RE	N/A	1736.4073		N/A		*
Vitamin A (IU)	IU	N/A	16524.5171		N/A		*
Vitamin C	mg	N/A	107.0782		N/A		*
Calcium	mg	N/A	665.6621		N/A		*
Iron	mg	N/A	5.0185		N/A		*
Moisture	g	N/A	707.4526		N/A		*
Ash	g	N/A	6.3576		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	779.0444	
Saturated Fat	% Cal	N/A	N/A	7.62	
Sodium	mg	N/A	N/A	1,561.8482	

! = Item out of compliance with standard

* Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 334 A HS LUNCH W3D2

Date: 08/19/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP002	CHICKEN STREET TACOS SEC	1	2 TACOS	42	0.0008	0.0356
SI111	SIDE PICO DE GALLO	1	1 OZ	30	0.0002	0.0045
SI513	SIDE BLACK BEANS FOR TACO	1	2 OZ	6	0.1045	0.6272
PV081	LASAGNA CHEESE SEC	1	9.45 OZ	54	0.1969	10.6320
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	24	1.1216	26.9191
SI298	SIDE MEXICAN RICE	1	4 OZ	6	0.1083	0.6501
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	89	0.5307	47.2346
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPER	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 3.1003 180.5120

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.5195

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	22.3893	26.6976	N/A		
Cholesterol	mg	N/A	124.3180		N/A		
Carbohydrate	g	N/A	101.1179	53.5891	N/A		
Total Dietary Fiber	g	N/A	13.7444		N/A		
Protein	g	N/A	40.4454	21.4347	N/A		
Vitamin A (RE)	RE	N/A	1251.0396		N/A		*
Vitamin A (IU)	IU	N/A	10792.4671		N/A		*
Vitamin C	mg	N/A	76.3510		N/A		*
Calcium	mg	N/A	678.6142		N/A		*
Iron	mg	N/A	6.6259		N/A		*
Moisture	g	N/A	605.1952		N/A		*
Ash	g	N/A	7.1674		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	754.7644	
Saturated Fat	% Cal	N/A	N/A	8.80	
Sodium	mg	N/A	N/A	1,649.0328	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 336 A HS LUNCH W3D3

Date: 08/20/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP056	EGGROLL CHICKEN SEC	1	2 EGGROLL	30	0.0264	0.7933
MV025	SWEET N SOUR TOFU SEC	1	4 OZ	36	0.0084	0.3028
SI551	SIDE ASIAN NOODLES HS	1	6 oz	36	0.0150	0.5398
MB440	SANDWICH PHILLY CHEESESTEAK	1	1 SANDWICH	48	0.8292	39.8017
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 3.5686 202.5483

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.7033

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	19.2625	21.6852	N/A		
Cholesterol	mg	N/A	59.5736		N/A		
Carbohydrate	g	N/A	121.7816	60.9326	N/A		
Total Dietary Fiber	g	N/A	15.1811		N/A		
Protein	g	N/A	40.2754	20.1515	N/A		
Vitamin A (RE)	RE	N/A	1260.8666		N/A		*
Vitamin A (IU)	IU	N/A	10186.6936		N/A		*
Vitamin C	mg	N/A	65.6538		N/A		*
Calcium	mg	N/A	503.9073		N/A		*
Iron	mg	N/A	4.9670		N/A		*
Moisture	g	N/A	632.4935		N/A		*
Ash	g	N/A	6.0868		N/A		*

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	799.4517	
Saturated Fat	% Cal	N/A	N/A	5.40	
Sodium	mg	N/A	N/A	1,364.6989	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 338 A HS LUNCH W3D4

Date: 08/21/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MB402	BEEF BURGER SEC 4 OZ	1	1 SANDWICH	71	0.1601	11.3679
MV401	BLACK BEAN VEGGIE BURGER	1	4 OZ	12	0.2970	3.5642
MP425	SANDWICH TURK BAC SWISS BAGEL	1	1 SANDWICH	30	0.5494	16.4812
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI200	SIDE OVEN FRIES	1	0.5 CUP	36	0.0794	2.8600
SI501	SIDE BEANS BAKED K-12	1	.5 CUP	6	0.0925	0.5550
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 3.8680 195.9390

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.6495

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.6362		N/A		*
Total Fat	g	N/A	26.2466	27.6494	N/A		
Cholesterol	mg	N/A	82.3304		N/A		
Carbohydrate	g	N/A	117.6969	55.1056	N/A		
Total Dietary Fiber	g	N/A	14.6790		N/A		
Protein	g	N/A	39.7615	18.6163	N/A		
Vitamin A (RE)	RE	N/A	1142.5748		N/A		*
Vitamin A (IU)	IU	N/A	9441.2534		N/A		*
Vitamin C	mg	N/A	66.0707		N/A		*
Calcium	mg	N/A	450.2319		N/A		*
Iron	mg	N/A	4.8059		N/A		*
Moisture	g	N/A	631.2856		N/A		*
Ash	g	N/A	5.9728		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	854.3374	
Saturated Fat	% Cal	N/A	N/A	8.78	
Sodium	mg	N/A	N/A	1,158.0959	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 340 A HS LUNCH W3D5

Date: 08/22/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP089	TURKEY SEC	1	3 OZ	83	0.0009	0.0770
SI100	SIDE GRAVY 1 OZ	3	1 OZ	12	0.0203	0.2436
SI300	SIDE BISCUIT	1	1 BISCUIT	83	0.1483	12.3089
MV055	QUESADILLA CHEESE SEC	1	1 QUESADILLA	18	0.2070	3.7263
ZA022	PIZZA CHEESE #2 HS 6-CUT	1	1 SLICE	12	0.7074	8.4888
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI002	SIDE POTATO MASHED	1	.5 CUP	42	0.1845	7.7473
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 3.9580 193.7026

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.6308

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	23.8132	30.1179	N/A		
Cholesterol	mg	N/A	68.4159		N/A		
Carbohydrate	g	N/A	92.9691	52.2592	N/A		
Total Dietary Fiber	g	N/A	12.6597		N/A		
Protein	g	N/A	35.4789	19.9432	N/A		
Vitamin A (RE)	RE	N/A	1155.1259		N/A		*
Vitamin A (IU)	IU	N/A	9479.9887		N/A		*
Vitamin C	mg	N/A	70.8211		N/A		*
Calcium	mg	N/A	521.8012		N/A		*
Iron	mg	N/A	4.1579		N/A		*
Moisture	g	N/A	643.3881		N/A		*
Ash	g	N/A	6.5128		N/A		*

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	711.6005	
Saturated Fat	% Cal	N/A	N/A	12.35	
Sodium	mg	N/A	N/A	1,333.3098	

! = Item out of compliance with standard

* Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.

Average Cost Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Average Cost Per Serving: 0.4071

Average Weighted Cost Per Serving: 0.1821

Average Nutrient Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		0.1300		N/A		*
Total Fat	g		22.6124	26.0966	N/A		
Cholesterol	mg		80.8190		N/A		
Carbohydrate	g		109.5180	56.1746	N/A		
Total Dietary Fiber	g		14.5933		N/A		
Protein	g		38.6659	19.8327	N/A		
Vitamin A (RE)	RE		1,309.2028		N/A		*
Vitamin A (IU)	IU		11,284.9840		N/A		*
Vitamin C	mg		77.1950		N/A		*
Calcium	mg		564.0433		N/A		*
Iron	mg		5.1150		N/A		*
Moisture	g		643.9630		N/A		*
Ash	g		6.4195		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Weekly Meal Pattern Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Week Of: 8/18/2014 to 8/22/2014

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	779.8397	
Saturated Fat	% Cal	N/A	< 10	8.51	
Sodium	mg	N/A	N/A	1413.3971	

! = Item out of compliance with standard

* Meal Pattern/Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.