



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 362 A HS LUNCH W6D1

Date: 09/08/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
ZA002	PIZZA CHEESE HS 6-CUT	1	1 SLICE	30	0.7074	21.2220
ZA012	PIZZA PEPP HS 6-CUT	1	1 SLICE	24	0.7074	16.9776
ZA072	PIZZA WHITE HS 6-CUT	1	1 SLICE	6	0.6376	3.8255
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	59	1.1216	66.1762
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	89	0.5307	47.2346
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPER	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 4.7420 249.8448

Cost Standard: 0.0000

Total Weighted Cost per Serving: 2.1068

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.0172		N/A		*
Total Fat	g	N/A	19.9944	24.0771	N/A		
Cholesterol	mg	N/A	66.5867		N/A		
Carbohydrate	g	N/A	110.2547	59.0080	N/A		
Total Dietary Fiber	g	N/A	15.6703		N/A		
Protein	g	N/A	36.0551	19.2966	N/A		
Vitamin A (RE)	RE	N/A	1569.7043		N/A		*
Vitamin A (IU)	IU	N/A	15082.1647		N/A		*
Vitamin C	mg	N/A	98.8666		N/A		*
Calcium	mg	N/A	652.5460		N/A		*
Iron	mg	N/A	4.7379		N/A		*
Moisture	g	N/A	671.5970		N/A		*
Ash	g	N/A	6.0202		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	747.3879	
Saturated Fat	% Cal	N/A	N/A	7.60	
Sodium	mg	N/A	N/A	1,489.4622	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 364 A HS LUNCH W6D2

Date: 09/09/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MB001	HOT DOG BEEF	1	1 HOT DOG	30	0.1600	4.8000
MB200	BEEF CHILI	1	1 OZ	12	0.0943	1.1322
MV430	SANDWICH TOASTED CHEESE	1	1 SANDWICH	6	0.3004	1.8022
MV431	SANDWICH GF TOASTED CHEESE	1	1 Sandwich	0	5.6374	0.0000
MB500	SANDWICH BBQ PULLED PORK	1	3 OZ	77	0.5770	44.4261
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI501	SIDE BEANS BAKED K-12	1	.5 CUP	6	0.0925	0.5550
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	107	0.5307	56.7876
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178
Per Serving/Total Menu Cost:					9.5512	210.6418
Cost Standard: 0.0000	Total Weighted Cost per Serving:				1.7755	

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.1324		N/A		*
Total Fat	g	N/A	23.3085	27.0230	N/A		
Cholesterol	mg	N/A	63.8755		N/A		
Carbohydrate	g	N/A	112.2932	57.8616	N/A		
Total Dietary Fiber	g	N/A	13.5685		N/A		
Protein	g	N/A	32.8984	16.9517	N/A		
Vitamin A (RE)	RE	N/A	1098.4363		N/A		*
Vitamin A (IU)	IU	N/A	9074.0810		N/A		*
Vitamin C	mg	N/A	63.2767		N/A		*
Calcium	mg	N/A	406.1346		N/A		*
Iron	mg	N/A	3.9685		N/A		*
Moisture	g	N/A	578.0082		N/A		*
Ash	g	N/A	5.2090		N/A		*

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Scheduled Menu Analysis

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	776.2876	
Saturated Fat	% Cal	N/A	N/A	8.39	
Sodium	mg	N/A	N/A	1,477.3539	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 366 A HS LUNCH W6D3

Date: 09/10/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MB012	BEEF NACHOS SEC	1	1 SERVING (4 OZ)	101	1.0409	105.1270
MV017	BEAN & CHEESE NACHOS SEC 2	1	1 SVG (4 OZ)	6	0.2877	1.7263
SD041	SAUCE NACHO CHEESE	1	2 OZ	6	0.1029	0.6174
9003	CHEESE CHED SHRED COMM 4/5 LB	1	5# BAG	0	0.0000	0.0000
MB430	SANDWICH COMBO SUB	1	1 SANDWICH	6	0.4526	2.7154
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI299	SIDE BROWN RICE	1	.5 CUP	113	0.0486	5.4974
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	89	0.5307	47.2346
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPER	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178
Per Serving/Total Menu Cost:					4.6223	264.0568
Cost Standard: 0.0000	Total Weighted Cost per Serving:				2.2248	

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.7287		N/A		*
Total Fat	g	N/A	33.0316	31.7289	N/A		
Cholesterol	mg	N/A	79.1408		N/A		
Carbohydrate	g	N/A	120.4396	51.4176	N/A		
Total Dietary Fiber	g	N/A	13.8197		N/A		
Protein	g	N/A	37.5381	16.0256	N/A		
Vitamin A (RE)	RE	N/A	1046.1166		N/A		*
Vitamin A (IU)	IU	N/A	8368.3622		N/A		*
Vitamin C	mg	N/A	56.3536		N/A		*
Calcium	mg	N/A	507.8415		N/A		*
Iron	mg	N/A	5.1822		N/A		*
Moisture	g	N/A	632.4563		N/A		*
Ash	g	N/A	5.5293		N/A		*

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	936.9527	
Saturated Fat	% Cal	N/A	N/A	8.93	
Sodium	mg	N/A	N/A	1,186.7636	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 368 A HS LUNCH W6D4

Date: 09/11/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP300	CHICKEN PLAIN ROASTED DRUM	1	1 DRUMSTICK	54	0.3300	17.8200
MP301	CHICKEN PLAIN ROASTED THIGH	1	1 THIGH	54	0.4806	25.9504
SI300	SIDE BISCUIT	1	1 BISCUIT	107	0.1483	15.8681
PV063	RAVIOLI CHEESE SEC	1	10 OZ	6	0.1469	0.8815
SI302	SIDE BREAD STICK	1	1 BREADSTICK	6	0.0000	0.0000
MP412	SANDWICH BUFFALO CHICKEN	1	1 EACH	0	0.2314	0.0000
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	6	1.1216	6.7298
SI002	SIDE POTATO MASHED	1	.5 CUP	6	0.1845	1.1068
SI100	SIDE GRAVY 1 OZ	1	1 OZ	2	0.0068	0.0135
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	65	0.5307	34.4972
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPER	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 4.2181 197.2762

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.6606

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	23.3187	33.3354	N/A		
Cholesterol	mg	N/A	68.4483		N/A		
Carbohydrate	g	N/A	76.4919	48.5998	N/A		
Total Dietary Fiber	g	N/A	10.2152		N/A		
Protein	g	N/A	31.1255	19.7758	N/A		
Vitamin A (RE)	RE	N/A	826.1189		N/A		*
Vitamin A (IU)	IU	N/A	6625.9247		N/A		*
Vitamin C	mg	N/A	49.1559		N/A		*
Calcium	mg	N/A	409.2010		N/A		*
Iron	mg	N/A	20.8235		N/A		*
Moisture	g	N/A	517.1242		N/A		*
Ash	g	N/A	4.3812		N/A		*

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Scheduled Menu Analysis

Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	629.5660	
Saturated Fat	% Cal	N/A	N/A	13.80	
Sodium	mg	N/A	N/A	878.9256	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Serving Line: Main

Menu: 370 A HS LUNCH W6D5

Date: 09/12/2014

Projected Feeding Figure: 118

Stock Number	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
MP070	BURRITO CHICKEN	1	1 BURRITO	12	0.2106	2.5266
MV070	BURRITO BEAN N CHEESE	1	1 BURRITO	24	0.2109	5.0605
ZA022	PIZZA CHEESE #2 HS 6-CUT	1	1 SLICE	30	0.7074	21.2220
SA305	SALAD BAR MEAL W/ 2 OZ ROLL	1	1 MEAL	54	1.1216	60.5680
SI710	SIDE VEG DU JOUR	1	.5 CUP	6	0.0036	0.0216
SA692	SALAD BAR SIDE 9-12	1	1 SIDE SVG	113	0.5307	59.9720
SI403	FRUIT SIDE 9-12	1	1 CUP	118	0.2925	34.5171
1521	MILK SKIM 1/2 PT PAPR	1	Cup	2	0.2370	0.4740
1500	MILK BAG ORGANIC 1% 5 GAL	1	Cup	117	0.5078	59.4178

Per Serving/Total Menu Cost: 3.8221 243.7796

Cost Standard: 0.0000

Total Weighted Cost per Serving: 2.0470

Age Group: Grades 9-12

Serving Period: Lunch

Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	19.4164	22.9459	N/A		
Cholesterol	mg	N/A	64.3964		N/A		
Carbohydrate	g	N/A	117.1571	61.5351	N/A		
Total Dietary Fiber	g	N/A	16.8268		N/A		
Protein	g	N/A	35.4841	18.6375	N/A		
Vitamin A (RE)	RE	N/A	1687.4521		N/A		*
Vitamin A (IU)	IU	N/A	15784.9499		N/A		*
Vitamin C	mg	N/A	102.9882		N/A		*
Calcium	mg	N/A	603.4547		N/A		*
Iron	mg	N/A	5.2210		N/A		*
Moisture	g	N/A	704.7247		N/A		*
Ash	g	N/A	6.6335		N/A		*

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Age Group: Grades 9-12

Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	761.5630	
Saturated Fat	% Cal	N/A	N/A	6.17	
Sodium	mg	N/A	N/A	1,515.3789	

! = Item out of compliance with standard

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Average Cost Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Average Cost Per Serving: 0.5184

Average Weighted Cost Per Serving: 0.1887

Average Nutrient Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		0.1757		N/A		*
Total Fat	g		23.8139	27.8217	N/A		
Cholesterol	mg		68.4895		N/A		
Carbohydrate	g		107.3273	55.7290	N/A		
Total Dietary Fiber	g		14.0201		N/A		
Protein	g		34.6202	17.9763	N/A		
Vitamin A (RE)	RE		1,245.5656		N/A		*
Vitamin A (IU)	IU		10,987.0965		N/A		*
Vitamin C	mg		74.1282		N/A		*
Calcium	mg		515.8356		N/A		*
Iron	mg		7.9866		N/A		*
Moisture	g		620.7821		N/A		*
Ash	g		5.5546		N/A		*

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A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Weekly Meal Pattern Analysis For Menus for Site: 440 ARAPAHOE RIDGE HIGH SCHOOL

Serving Period: Lunch

Week Of: 9/8/2014 to 9/12/2014

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	770.3514	
Saturated Fat	% Cal	N/A	< 10	8.81	
Sodium	mg	N/A	N/A	1309.5768	

! = Item out of compliance with standard

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