



# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 2012 FS 9-12 LUNCH W5D1     
 **Serving Period:** Lunch     
 **Serving Line:** Main  
**Date:** 04/02/2018     
**Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80243	VEGETABLE ALFREDO PASTA 9-12 FS061	1	10 OUNCES	83	0.1344	11.1530
80275	CURRIED CHICKPEAS 9-12 FS067	1	6 OUNCES	59	0.2666	15.7269
80408	SIDE BREAD STICK SI302	1	1 BREADSTICK	59	0.0000	0.0000
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	24	1.0877	26.1040
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	107	0.2925	31.2994
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
<b>Per Serving/Total Menu Cost:</b>					2.8164	156.0427
<b>Cost Standard:</b> 0.0000	<b>Total Weighted Cost per Serving:</b>				1.3107	

**Age Group:** Grades 9-12     
**Serving Period:** Lunch     
**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	28.1616	30.0476	N/A		
Cholesterol	mg	N/A	65.6131		N/A		
Carbohydrate	g	N/A	117.2631	55.6073	N/A		
Total Dietary Fiber	g	N/A	16.4499		N/A		
Protein	g	N/A	37.3121	17.6938	N/A		
Vitamin A (IU)	IU	N/A	10922.5944		N/A		*
Vitamin C	mg	N/A	98.1741		N/A		*
Calcium	mg	N/A	751.4444		N/A		*
Iron	mg	N/A	184.8078		N/A		*
Moisture	g	N/A	713.7265		N/A		*
Ash	g	N/A	8.9316		N/A		*

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Age Group:** Grades 9-12     
**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	843.5090	
Saturated Fat	% Cal	N/A	N/A	11.19	
Sodium	mg	N/A	N/A	1,474.3134	

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# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 2013 FS 9-12 LUNCH W5D2     
 **Serving Period:** Lunch     
 **Serving Line:** Main  
**Date:** 04/03/2018     
**Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80241	TUNA WITH LEMON AND DILL FS059	1	4 OUNCES	83	0.1998	16.5817
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
<b>Per Serving/Total Menu Cost:</b>					2.6152	154.1987
<b>Cost Standard:</b>	0.0000	<b>Total Weighted Cost per Serving:</b>			1.3026	

**Age Group:** Grades 9-12     
**Serving Period:** Lunch     
**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	18.9611	23.9243	N/A		
Cholesterol	mg	N/A	52.2277		N/A		
Carbohydrate	g	N/A	103.9631	58.3006	N/A		
Total Dietary Fiber	g	N/A	14.5316		N/A		
Protein	g	N/A	34.6323	19.4211	N/A		
Vitamin A (IU)	IU	N/A	11762.1901		N/A		*
Vitamin C	mg	N/A	76.7520		N/A		*
Calcium	mg	N/A	353.3650		N/A		*
Iron	mg	N/A	4.5722		N/A		*
Moisture	g	N/A	579.2420		N/A		*
Ash	g	N/A	5.0449		N/A		*

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**Age Group:** Grades 9-12     
**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	713.2905	
Saturated Fat	% Cal	N/A	N/A	3.93	
Sodium	mg	N/A	N/A	1,158.4581	

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# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** **Serving Period:** Lunch **Serving Line:** Main

**Menu:** 2014 FS 9-12 LUNCH W5D3 **Date:** 04/04/2018 **Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80236	SWEET AND SOUR CHICKEN FS055	1	6 OUNCES	83	0.0929	7.7077
80314	ROASTED SUMMER SQUASH SI648	1	0.5 CUP	59	0.0008	0.0480
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

**Per Serving/Total Menu Cost:** 2.5091 145.3727

**Cost Standard:** 0.0000

**Total Weighted Cost per Serving:** 1.2282

**Age Group:** Grades 9-12

**Serving Period:** Lunch

**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	18.8681	22.5849	N/A		
Cholesterol	mg	N/A	132.1925		N/A		
Carbohydrate	g	N/A	111.1048	59.1072	N/A		
Total Dietary Fiber	g	N/A	13.0439		N/A		
Protein	g	N/A	36.0218	19.1634	N/A		
Vitamin A (IU)	IU	N/A	13998.1390		N/A		*
Vitamin C	mg	N/A	103.1327		N/A		*
Calcium	mg	N/A	381.7469		N/A		*
Iron	mg	N/A	4.5957		N/A		*
Moisture	g	N/A	620.7430		N/A		*
Ash	g	N/A	5.8392		N/A		*

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**Age Group:** Grades 9-12

**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	751.8869	
Saturated Fat	% Cal	N/A	N/A	4.33	
Sodium	mg	N/A	N/A	1,202.3697	

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# CHEF ANN FOUNDATION

## Scheduled Menu Analysis

**Site:** 2015 FS 9-12 LUNCH W5D4     
 **Serving Period:** Lunch     
 **Serving Line:** Main  
**Date:** 04/05/2018     
**Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80197	PORK GREEN CHILI BURRITO FS041	1	1 EACH	83	0.2744	22.7782
80135	BLACK BEAN AND CORN SALAD FS007	1	1/2 CUP	59	0.2113	12.4644
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	24	1.0877	26.1040
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	107	0.2925	31.2994
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

**Per Serving/Total Menu Cost:** 2.9011 164.4054

**Cost Standard:** 0.0000

**Total Weighted Cost per Serving:** 1.3810

**Age Group:** Grades 9-12     
**Serving Period:** Lunch     
**Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.0045		N/A		*
Total Fat	g	N/A	15.6378	21.2514	N/A		
Cholesterol	mg	N/A	39.2932		N/A		
Carbohydrate	g	N/A	108.8614	65.7512	N/A		
Total Dietary Fiber	g	N/A	13.5598		N/A		
Protein	g	N/A	28.8007	17.3953	N/A		
Vitamin A (IU)	IU	N/A	10514.2698		N/A		*
Vitamin C	mg	N/A	92.3712		N/A		*
Calcium	mg	N/A	466.9113		N/A		*
Iron	mg	N/A	4.9586		N/A		*
Moisture	g	N/A	612.8948		N/A		*
Ash	g	N/A	6.0531		N/A		*

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**Age Group:** Grades 9-12     
**Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	662.2624	
Saturated Fat	% Cal	N/A	N/A	4.10	
Sodium	mg	N/A	N/A	1,172.4230	

! = Item out of compliance with standard

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**CHEF ANN FOUNDATION**

**Scheduled Menu Analysis**

**Site:** 2016 FS 9-12 LUNCH W5D5      **Serving Period:** Lunch      **Serving Line:** Main  
**Date:** 04/06/2018      **Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80277	BEEF AND BROCCOLI 9-12 FS068	1	2 CUP	83	0.1050	8.7158
80280	SIDE BROWN RICE 1 CUP FS070	1	1 CUP	83	0.0974	8.0854
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	24	1.0877	26.1040
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

**Per Serving/Total Menu Cost:** 2.6178 142.4538

**Cost Standard:** 0.0000

**Total Weighted Cost per Serving:** 1.1957

**Age Group:** Grades 9-12      **Serving Period:** Lunch      **Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	25.7173	23.6279	N/A		
Cholesterol	mg	N/A	65.9363		N/A		
Carbohydrate	g	N/A	148.6318	60.6916	N/A		
Total Dietary Fiber	g	N/A	14.2353		N/A		
Protein	g	N/A	40.1290	16.3861	N/A		
Vitamin A (IU)	IU	N/A	10380.3925		N/A		*
Vitamin C	mg	N/A	130.5388		N/A		*
Calcium	mg	N/A	405.8111		N/A		*
Iron	mg	N/A	5.9250		N/A		*
Moisture	g	N/A	769.6124		N/A		*
Ash	g	N/A	7.0082		N/A		*

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**Age Group:** Grades 9-12      **Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	979.5873	
Saturated Fat	% Cal	N/A	N/A	4.61	
Sodium	mg	N/A	N/A	1,504.6287	

! = Item out of compliance with standard

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**CHEF ANN FOUNDATION**

**Scheduled Menu Analysis**

**Average Cost Analysis For Menus for Site:**

**Serving Period: Lunch**

**Average Cost Per Serving: 0.3846**

**Average Weighted Cost Per Serving: 0.1834**

**Average Nutrient Analysis For Menus for Site:**

**Serving Period: Lunch**

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		0.0009		N/A		*
Total Fat	g		21.4692	24.4553	N/A		
Cholesterol	mg		71.0526		N/A		
Carbohydrate	g		117.9648	59.7209	N/A		
Total Dietary Fiber	g		14.3641		N/A		
Protein	g		35.3792	17.9111	N/A		
Vitamin A (IU)	IU		11,515.5172		N/A		*
Vitamin C	mg		100.1938		N/A		*
Calcium	mg		471.8557		N/A		*
Iron	mg		40.9719		N/A		*
Moisture	g		659.2437		N/A		*
Ash	g		6.5754		N/A		*

! = Item out of compliance with standard

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**Weekly Meal Pattern Analysis For Menus for Site:**

**Serving Period: Lunch**

**Week Of: 4/2/2018 to 4/6/2018**

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	790.1072	
Saturated Fat	% Cal	N/A	< 10	5.75	
Sodium	mg	N/A	1420	1302.4386	

! = Item out of compliance with standard

Food Energy, Saturated Fat, and Sodium are weekly nutrient standards.

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