



CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 2017 FS 9-12 LUNCH W6D1
 Serving Period: Lunch
 Serving Line: Main
Date: 04/09/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80155	EGGPLANT PARMESAN FS019	1	3 OUNCES	83	0.4393	36.4636
80201	QUINOA TABOULI FS043	1	1 CUP	59	0.1649	9.7299
80408	SIDE BREAD STICK SI302	1	1 BREADSTICK	59	0.0000	0.0000
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	24	1.0877	26.1040
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
Per Serving/Total Menu Cost:					3.0196	171.8461
Cost Standard: 0.0000	Total Weighted Cost per Serving:				1.4440	

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	25.6313	31.6658	N/A		
Cholesterol	mg	N/A	98.6105		N/A		
Carbohydrate	g	N/A	90.8488	49.8834	N/A		
Total Dietary Fiber	g	N/A	13.3784		N/A		
Protein	g	N/A	36.0682	19.8044	N/A		
Vitamin A (IU)	IU	N/A	10781.5084		N/A		*
Vitamin C	mg	N/A	74.5566		N/A		*
Calcium	mg	N/A	744.7621		N/A		*
Iron	mg	N/A	183.4298		N/A		*
Moisture	g	N/A	594.9791		N/A		*
Ash	g	N/A	5.9218		N/A		*

! = Item out of compliance with standard

Trans Fat is displayed for informational purposes only, not for monitoring.

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	728.4891	
Saturated Fat	% Cal	N/A	N/A	11.30	
Sodium	mg	N/A	N/A	1,319.6341	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: 2018 FS 9-12 LUNCH W6D2
 Serving Period: Lunch
 Serving Line: Main
Date: 04/10/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80185	MEATLOAF 9-12 FS036	1	4 OUNCES	83	1.1952	99.2051
80046	SIDE RADISH SLAW SI663	1	1/2 CUP	59	0.1398	8.2485
80193	SIDE BISCUIT SI300	1	1 BISCUIT	59	0.1483	8.7497
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	24	1.0877	26.1040
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
Per Serving/Total Menu Cost:					3.8987	241.8559
Cost Standard: 0.0000	Total Weighted Cost per Serving:				2.0348	

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.7679		N/A		*
Total Fat	g	N/A	28.3148	34.8231	N/A		
Cholesterol	mg	N/A	119.4797		N/A		
Carbohydrate	g	N/A	83.7272	45.7655	N/A		
Total Dietary Fiber	g	N/A	11.8927		N/A		
Protein	g	N/A	35.3056	19.2981	N/A		
Vitamin A (IU)	IU	N/A	10927.3184		N/A		*
Vitamin C	mg	N/A	73.4722		N/A		*
Calcium	mg	N/A	389.8701		N/A		*
Iron	mg	N/A	5.0743		N/A		*
Moisture	g	N/A	591.4618		N/A		*
Ash	g	N/A	5.5181		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	731.7935	
Saturated Fat	% Cal	N/A	N/A	12.32	
Sodium	mg	N/A	N/A	1,741.0393	

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CHEF ANN FOUNDATION

Scheduled Menu Analysis

Site: **Serving Period:** Lunch **Serving Line:** Main

Menu: 2019 FS 9-12 LUNCH W6D3 **Date:** 04/11/2018 **Projected Feeding Figure:** 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80223	SWEET CHILI TOFU 9-12 FS053	1	6 OZ	83	0.1475	12.2419
80216	SIDE BLACK PEARL RICE 1 CUP FS049	1	1 CUP	83	0.0000	0.0000
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

Per Serving/Total Menu Cost: 2.5629 149.8589

Cost Standard: 0.0000 **Total Weighted Cost per Serving:** 1.2660

Age Group: Grades 9-12 **Serving Period:** Lunch **Nutrient Table:** USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	20.8299	26.2182	N/A		
Cholesterol	mg	N/A	36.6929		N/A		
Carbohydrate	g	N/A	106.1408	59.3766	N/A		
Total Dietary Fiber	g	N/A	16.8812		N/A		
Protein	g	N/A	31.4970	17.6198	N/A		
Vitamin A (IU)	IU	N/A	11674.7216		N/A		*
Vitamin C	mg	N/A	108.3228		N/A		*
Calcium	mg	N/A	543.4181		N/A		*
Iron	mg	N/A	5.7956		N/A		*
Moisture	g	N/A	727.7059		N/A		*
Ash	g	N/A	5.5430		N/A		*

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Age Group: Grades 9-12 **Serving Period:** Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	715.0348	
Saturated Fat	% Cal	N/A	N/A	4.58	
Sodium	mg	N/A	N/A	763.3408	

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Scheduled Menu Analysis

Site: 2020 FS 9-12 LUNCH W6D4
 Serving Period: Lunch
 Serving Line: Main
Date: 04/12/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80050	CRISPY CHICKEN SANDWICH FS045	1	1 SANDWICH	83	0.6765	56.1466
80186	MOROCCAN CARROT SALAD FS037	1	2/3 CUP	59	0.0580	3.4216
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760

Per Serving/Total Menu Cost: 3.1499 197.1852

Cost Standard: 0.0000

Total Weighted Cost per Serving: 1.6653

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	N/A		N/A		*
Total Fat	g	N/A	26.6724	26.7686	N/A		
Cholesterol	mg	N/A	83.0235		N/A		
Carbohydrate	g	N/A	129.9999	57.9861	N/A		
Total Dietary Fiber	g	N/A	18.3479		N/A		
Protein	g	N/A	40.2555	17.9558	N/A		
Vitamin A (IU)	IU	N/A	17439.8935		N/A		*
Vitamin C	mg	N/A	76.6936		N/A		*
Calcium	mg	N/A	397.0096		N/A		*
Iron	mg	N/A	4.7640		N/A		*
Moisture	g	N/A	567.2522		N/A		*
Ash	g	N/A	5.2519		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	896.7667	
Saturated Fat	% Cal	N/A	N/A	5.36	
Sodium	mg	N/A	N/A	1,165.9675	

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Scheduled Menu Analysis

Site: 2021 FS 9-12 LUNCH W6D5
 Serving Period: Lunch
 Serving Line: Main
Date: 04/13/2018
Projected Feeding Figure: 118

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80127	Baked Beef and Sausage Penne FS003	1	8 Ounces	83	0.9631	79.9341
80202	RUBY RICE & BUTTERNUT SALAD FS044	1	1/2 CUP	59	0.0077	0.4544
80408	SIDE BREAD STICK SI302	1	1 BREADSTICK	59	0.0000	0.0000
80230	SALAD BAR MEAL W/ 2 OZ ROLL SA305	1	1 MEAL	35	1.0877	38.0684
80474	SALAD BAR SIDE 9-12 SA692	1	1 SIDE SVG	89	0.5384	47.9154
80479	FRUIT SIDE 9-12 SI403	1	1 CUP	95	0.2925	27.7892
900119	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1	Cup	48	0.2598	12.4680
1085	MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR S	1	Cup	48	0.2370	11.3760
Per Serving/Total Menu Cost:					3.3862	218.0055
Cost Standard: 0.0000	Total Weighted Cost per Serving:				1.8408	

Age Group: Grades 9-12
Serving Period: Lunch
Nutrient Table: USDA Meal Patterns

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g	N/A	0.2643		N/A		*
Total Fat	g	N/A	31.1442	33.1122	N/A		
Cholesterol	mg	N/A	85.3257		N/A		
Carbohydrate	g	N/A	107.9435	51.0065	N/A		
Total Dietary Fiber	g	N/A	14.6764		N/A		
Protein	g	N/A	38.8211	18.3441	N/A		
Vitamin A (IU)	IU	N/A	12773.8389		N/A		*
Vitamin C	mg	N/A	93.1011		N/A		*
Calcium	mg	N/A	587.8675		N/A		*
Iron	mg	N/A	185.0070		N/A		*
Moisture	g	N/A	623.4303		N/A		*
Ash	g	N/A	6.8631		N/A		*

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Age Group: Grades 9-12
Serving Period: Lunch

Meal Pattern Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	N/A	N/A	846.5081	
Saturated Fat	% Cal	N/A	N/A	10.36	
Sodium	mg	N/A	N/A	1,483.5457	

! = Item out of compliance with standard

* Meal Pattern Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.



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Scheduled Menu Analysis

Average Cost Analysis For Menus for Site:

Serving Period: Lunch

Average Cost Per Serving: 0.4215

Average Weighted Cost Per Serving: 0.2171

Average Nutrient Analysis For Menus for Site:

Serving Period: Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Total Trans	g		0.2064		N/A		*
Total Fat	g		26.5185	30.4531	N/A		
Cholesterol	mg		84.6265		N/A		
Carbohydrate	g		103.7320	52.9435	N/A		
Total Dietary Fiber	g		15.0353		N/A		
Protein	g		36.3895	18.5727	N/A		
Vitamin A (IU)	IU		12,719.4562		N/A		*
Vitamin C	mg		85.2293		N/A		*
Calcium	mg		532.5855		N/A		*
Iron	mg		76.8141		N/A		*
Moisture	g		620.9659		N/A		*
Ash	g		5.8196		N/A		*

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Weekly Meal Pattern Analysis For Menus for Site:

Serving Period: Lunch

Week Of: 4/9/2018 to 4/13/2018

Meal Pattern/Nutrient	Units	Lunch Minimum	Lunch Maximum	Value	Missing Values
Food Energy	kcal	750	850	783.7184	
Saturated Fat	% Cal	N/A	< 10	8.70	
Sodium	mg	N/A	1420	1294.7055	

! = Item out of compliance with standard

Food Energy, Saturated Fat, and Sodium are weekly nutrient standards.

* Meal Pattern/Nutrient value marked as missing contains at least one ingredient for which meal pattern/nutrient data is absent.