



CHEF ANN FOUNDATION

Scheduled Menu Plans Calendar

August 2014	Serving Period: Lunch	Serving Line: Main	440 ARAPAHOE RIDGE HIGH SCHOOL	
Monday	Tuesday	Wednesday	Thursday	Friday
-4-	-5-	-6-	-7-	-8-
-11- PIZZA PEPP HS 6-CUT PIZZA CHEESE HS 6-CUT PIZZA VEGGIE HS 6 CUT SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-12- SANDWICH CAJUN CHICKEN SUB RAVIOLI CHEESE SEC SIDE BREAD STICK SDWH TURK CHEESE TOAST SALAD BAR MEAL W/ 2 OZ ROLL SIDE VEG DU JOUR SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-13- BEEF NACHOS SEC BEAN & CHEESE NACHOS SEC 2 SAUCE NACHO CHEESE CHEESE CHED SHRED COMM SANDWICH BBQ PULLED PORK SIDE BEANS REFRIED PINTO SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-14- CHICKEN SWEET N SOUR DRUM CHICKEN SWEET N SOUR THIGH SANDWICH TOASTED CHEESE SANDWICH GF TOASTED CHEESE SANDWICH MEATBALL SUB SEC SALAD BAR MEAL W/ 2 OZ ROLL SIDE BROWN RICE SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-15- HOT DOG BEEF BEEF CHILI POTATO BROCCOLI CHEESE SEC SIDE BISCUIT PIZZA CHEESE #2 HS SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12
-18- PIZZA CHEESE HS 6-CUT PIZZA PEPP HS 6-CUT PIZZA SAUSAGE HS 6-CUT SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-19- CHICKEN STREET TACOS SEC SIDE PICO DE GALLO SIDE BLACK BEANS FOR TACO LASAGNA CHEESE SEC SALAD BAR MEAL W/ 2 OZ ROLL SIDE MEXICAN RICE SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-20- EGGROLL CHICKEN SEC SWEET N SOUR TOFU SEC SIDE ASIAN NOODLES SANDWICH PHILLY CHEESESTEAK SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-21- BEEF BURGER SEC 4 OZ BLACK BEAN VEGGIE BURGER SANDWICH TURK BAC SWISS BAGEL SALAD BAR MEAL W/ 2 OZ ROLL SIDE OVEN FRIES SIDE BEANS BAKED K-12 SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-22- TURKEY SEC SIDE GRAVY 1 OZ SIDE BISCUIT QUESADILLA CHEESE SEC PIZZA CHEESE #2 HS 6-CUT SALAD BAR MEAL W/ 2 OZ ROLL SIDE POTATO MASHED SALAD BAR SIDE 9-12 FRUIT SIDE 9-12
-25- PIZZA CHEESE HS 6-CUT PIZZA PEPP HS 6-CUT PIZZA VEGGIE HS 6 CUT SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-26- SANDWICH MEATBALL SUB SEC QUESADILLA PINTO SEC BEEF & BROCCOLI STIRFRY SALAD BAR MEAL W/ 2 OZ ROLL SIDE BROWN RICE SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-27- BEEF NACHOS SEC BEAN & CHEESE NACHOS SEC 2 SAUCE NACHO CHEESE CHEESE CHED SHRED COMM BAKED POTATO: TACO MEAT SIDE BISCUIT SALAD BAR MEAL W/ 2 OZ ROLL SIDE FIESTA CORN SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-28- CHICKEN OVEN FRY DRUM CHICKEN OVEN FRY THIGH SIDE BISCUIT SANDWICH TOASTED CHEESE SANDWICH GF TOASTED CHEESE SANDWICH BRATWURST SIDE SAUERKRAUT SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-29- SWEET N SOUR TOFU SEC SIDE BROWN RICE POLENTA CHEESY W/ VEG ROLL HOAGIE ASPEN 6 PIZZA CHEESE #2 HS 6-CUT SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



CHEF ANN FOUNDATION

Scheduled Menu Plans Calendar

September 2014

Serving Period: Lunch

Serving Line: Main

440 ARAPAHOE RIDGE HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
-1- PIZZA CHEESE HS 6-CUT PIZZA PEPP HS 6-CUT PIZZA GREEK HS 6-CUT SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-2- BEEF BURGER SEC 4 OZ BLACK BEAN VEGGIE BURGER SANDWICH TURKEY REUBEN SALAD BAR MEAL W/ 2 OZ ROLL SIDE BEANS BAKED K-12 SIDE OVEN FRIES SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-3- SPAGHETTI MARINARA SEC MEATBALLS SEC SIDE 4 CHICKEN FAJITA SEC SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-4- SANDWICH TOASTED HAM & CHZ POTATO BROCCOLI CHEESE SEC SIDE BISCUIT PORK RIBS 9-12/ 3 EA SIDE CORNBREAD SALAD BAR MEAL W/ 2 OZ ROLL SIDE VEG DU JOUR SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-5- QUESADILLA CHICKEN SEC LASAGNA CHEESE SEC PIZZA CHEESE #2 HS 6-CUT SALAD BAR MEAL W/ 2 OZ ROLL SIDE BEANS REFRIED PINTO SALAD BAR SIDE 9-12 FRUIT SIDE 9-12
-8- PIZZA CHEESE HS 6-CUT PIZZA PEPP HS 6-CUT PIZZA WHITE HS 6-CUT SALAD BAR MEAL W/ 2 OZ ROLL SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-9- HOT DOG BEEF BEEF CHILI SANDWICH TOASTED CHEESE SANDWICH GF TOASTED CHEESE SANDWICH BBQ PULLED PORK SALAD BAR MEAL W/ 2 OZ ROLL SIDE BEANS BAKED K-12 SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-10- BEEF NACHOS SEC BEAN & CHEESE NACHOS SEC 2 SAUCE NACHO CHEESE CHEESE CHED SHRED COMM SANDWICH COMBO SUB SALAD BAR MEAL W/ 2 OZ ROLL SIDE BROWN RICE SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-11- CHICKEN PLAIN ROASTED DRUM CHICKEN PLAIN ROASTED THIGH SIDE BISCUIT RAVIOLI CHEESE SEC SIDE BREAD STICK SANDWICH BUFFALO CHICKEN SALAD BAR MEAL W/ 2 OZ ROLL SIDE POTATO MASHED SIDE GRAVY 1 OZ SALAD BAR SIDE 9-12 FRUIT SIDE 9-12	-12- BURRITO CHICKEN BURRITO BEAN N CHEESE PIZZA CHEESE #2 HS 6-CUT SALAD BAR MEAL W/ 2 OZ ROLL SIDE VEG DU JOUR SALAD BAR SIDE 9-12 FRUIT SIDE 9-12
-15-	-16-	-17-	-18-	-19-
-22-	-23-	-24-	-25-	-26-
-29-	-30-			

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