



## Recipe Analysis

**Recipe ID:** FS104

**Description:** SWEET POTATO HUMMUS PK

**Servings:** 96

**Serving Size:** 1/4 CUP

**Recipe Source:** Vermont Feed

Nutrient	Units	Recipe Nutrient Analysis	Nutrient Value Per 100 Grams	Nutrient Value Per Serving	% of Calories	Missing Values
Adjusted Weight	g	6,554.9275	100.0000	68.2805		
Food Energy	kcal	6,812.6869	103.9323	70.9655		
Saturated Fat	g	9.5702	0.1460	0.0997	1.26	
Sodium	mg	20,737.3522	316.3628	216.0141		
Total Trans	g					*
Total Fat	g	68.7612	1.0490	0.7163	9.08	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	1,380.8348	21.0656	14.3837	81.07	
Total Dietary Fiber	g	222.5529	3.3952	2.3183		
Protein	g	185.2095	2.8255	1.9293	10.87	
Vitamin A (IU)	IU	589,589.2926	8,994.5967	6,141.5551		
Vitamin C	mg	175.8425	2.6826	1.8317		
Calcium	mg	2,234.1553	34.0836	23.2725		
Iron	mg	74.5361	1.1371	0.7764		
Moisture	g	4,560.9972	69.5812	47.5104		*
Ash	g	81.9366	1.2500	0.8535		*

Trans Fat is displayed for informational purposes only.

\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**REPORT CRITERIA:**

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: